

## **CNCA COMMENTS**



# July 2014 www.cnca06.org

### California Northern Coastal Area of Alcoholics Anonymous

### PREVIEW OF THE AREA COMMITTEE MEETING

### July 2014

Hello Trusted Servants of California Northern Coastal Area (CNCA),

At the June 28 Area Committee Meeting we had two House Keeping Motions. #1That: CNCA approve the posting of the sanitized General Service Conference results to the CNCA website. #2 That CNCA approve the posting of the Area Job Descriptions to the CNCA website, Both Motions were objected, they will be presented as new business at the July's (ACM) We had the last discussion about; Should Area officer travel be limited to every other month- Visiting even districts on even months and odd districts on odd months? But we will continue discussing the following topic: Should we still provide the ASL interpretation for the Post Conference Assembly on the Delegates report? Is this service really necessary or should we provide it on request only? I would like to remind you that we have two items of old business for the Summer Assembly in Vacaville on August 9<sup>th</sup>, 2014. They are:

- "That CNCA 06 submits a request to delete "of the opposite sex" from p117 in the book "Twelve Steps and Twelve Traditions." District 04."
- "That future printing of the A.A. Service Manual includes blank Group Change and New Group forms on the last page of the service manual."- District 06

I would also like to take the opportunity to thank you for submitting all your great ideas to the Area Officers for the Summer Assembly it was challenging to narrow it down to six. July's Officer Job Description will be our Treasurer Agustin L. This takes place before the DCM Sharing Session at 10:00am. This year July is one of our busiest months 7/11-7/13 Pacific Regional Forum, Area 18 Boise Idaho, La Viña 18<sup>th</sup> Anniversary 7/26-7/27 Las Vegas, Nevada, Area 42, 7/19 Grapevine 70 Anniversary Sedalia, Mo. Area 39

Please bring your FM Radios!

With Gratitude in Service, Raymundo L.

### **DELEGATE'S CORNER**

Hello Fellowship,

Summertime travel is in full swing!

I have completed 14 General Service Conference reports and I have traveled to Lodi, Salinas, Eureka and many districts in between. This journey, which has taken me beyond our CNCA boundaries, has been a terrific opportunity to carry the message to many A.A. members. I am so grateful for their interest in our fellowships future. I have 9 or 10 reports left; this is an experience of a lifetime, an unimaginable journey with you.

This month I also travel to Boise Idaho for the Pacific Regional Forum. I have found the forums to be a great opportunity to meet and ask questions of the General Service Office staff, A.A. trustees and delegates from others areas. There will be informative workshops and panels, and the open mic sessions bring forth many terrific questions, suggestions, and comments. What a joy it is having staff and trustees interact with new members. We are certainly a group that "normally would not mix" yet we have one language in common "Gratitude of the Heart!"

The 64th GS conference is now history but A.A. trusted servants are very busy. A.A. has a new website with a very different look; Check it out on aa.org. GSO is also on the search for 2 new non-alcoholic Class A trustees, and planning continues for the 80th International A.A. Convention in Atlanta. The new "Summer" edition of Box 459 is out, as is the new "Daily Quote" book from Grapevine. We continue publishing the 75th Anniversary of the BB and many new e-versions of our literature are now available on aa.org. Soon new versions of the Service Manual and Final report on the 64th General Service Conference will be available.

Now about the CNCA 06 Summer Assembly in Vacaville August 8th, are we there yet?! There's a dinner the night before with great food, fellowship and a terrific AA meeting. The afternoon will have panels and workshops with topics of interest to our fellowship. I always learn something new from these discussions and it's exciting to work in Unity to share our concerns and explore new ideas.

It is up to all of us to do the work to ensure A.A.'s message of hope is shared, and we have so many tools to available to use. I look forward to sharing them with you.

With Love and Gratitude,

Padee

### **AREA COMMITTEE MEETING MINUTES FOR JUNE 2014**

### CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES June 28, 2014

The monthly committee meeting of CNCA was held on June 28, 2014, at the Petaluma Community Center. Raymundo L opened the meeting, followed by the Serenity Prayer, 12:32PM. The AA Preamble was read by Stephanie S, D15, Charles P of D10 read Tradition 6, and Patrick B of D07 read Concept 6. There were 3 past delegates present: Diane O p35, David N, p59 and current nontrustee director of AAWS, and Ken M, p61. There were 3 new GSRs. May minutes and financial statement were accepted as printed in *CNCA Comments*. Birthdays: 3/37 yrs.

Registered attendance: Voting=53; Non-voting=26.

### OFFICER REPORTS:

DELEGATE *Padee M:* (Jeff O): Membership surveys: up to group how to do and can be done at meeting: be brief. Keep it random. No one should take it twice. (Area officers are there to support you with membership surveys if needed.)

ALTERNATE DELEGATE *Jeff O*: "About AA" has great article on anonymity, then and now. AA website has been reformed; give them feedback..

CHAIR *Raymundo L*: On track with officer job descriptions. TREASURER *Agustin L*: \$9241.51, income; spent \$11664.16. Spending +/-\$6k, 7k left in checking. PR is intact. Thanks everybody for participation/contributions.

REGISTRAR Michael Q: No report.

RECORDING SECRETARY *Judy W*: Looking forward to summer assembly. Area standing committee chairs, please forward your summaries by Friday.

ASSEMBLY COORDINATOR *Phil B*: D90 fired up and ready for summer assembly. Election assembly planning ahead of schedule. Assembly dates on the back table: assemblies for next panel are open: time to get districts interested.

LIT/GV/LV *Ray W*: GV has two prison issues this month: very interesting. E books are now available for "Came to Believe" and "Living Sober" (\$3.99 ea). Plan is to publish another conf approved book every couple of weeks and should have all done by end of year. La Viña celebrations and GV celebrations forthcoming.

### **DISTRICT REPORTS:**

01 MONTEREY Scott P: No report.

02 SALINAS/SAN BENITO Ric B: (*Mark C*): No business this month as we had a delegate report.

03 SANTA CRUZ Scott B: Short mtg; Alt DCMC resigned and have vacancies for DCMs. Ordered concepts trifold; heard delegate's report.

04 SANTA CLARA NORTH *Robert E*: Working with D40 on election ass. Palo Alto group celebrating 74 yrs this month. Lost all our money this year; welcome input.

40 SANTA CLARA SOUTH *Jim A*: Founder's Day play was a huge success. Miguel, alt DCMC, attending the Forum; sending 4 others. Unity Day will be Aug 17 with delegate rept and committee panels. Planning well under way for assembly.

05 SAN MATEO *Joseph D*: Still having loving discussion about our PR. Working on Unity Day, Aug 3. Discussing motion to move dist elections to Oct. Looking for printer for bus placards.

06 SAN FRANCISCO *Teddy B-W*: Visiting officer spoke on the summer assembly. Considering 3 motions: elections; quarterly discussions with Intergroup (and possibly Marin, young people, H&I); monthly service share. Discussing outreach to AA clubhouses

07 ALAMEDA NORTH *Eric A*: (Tom V): All 5 sub dists attended. Elected new H&I liaison. Rep from EBYAA: having annual Yuba trip in July.

70 ALAMEDA SOUTH *Heather M*: May: hosted delegate for rept. June: passed motion to reimburse chairs to ACM. New motion to reimburse for travel.

08 CONTRA COSTA *Robert S*: Passed a motion to bid for an assembly. Motions to reimburse dist officers have been consolidated. July 1: delegate's report. Summer picnic July 13.

09 SOLANO SOUTH *Renee S*: Independence Day picnic. July 11, monthly birthday mtg. BTG, PI/CPC working with districts 11 and 90

90 SOLANO NORTH *Laurie J:* Info for hotels in Vacaville: do not require a two night stay. Everyone excited and ready to participate. DCM has resigned. One of our oldest groups has been selected for AA survey.

10 MARIN *Allen G*: Alt DCMC position has been filled. Obtaining group consciences for the summer assembly. Splitting our elections over Sept and Oct. Working on Intergroup support. Unity Day Sept 6, San Rafael. BTG and PI/CPC working together. Bringing meetings into iail

11 NAPA *Thom H*. Unity Day was under budget and attended by 153. Great panel, speakers, and delegate rept. PI placing "Does Your Doctor Know" kits in Dr's offices.

12 SONOMA *Joann L*: BBQ was well-attended for delegate's rept. Access committee has started a Meeting On Wheels. Updating job descriptions. BTG hosting a volunteer appreciation day.

13 LAKE John O: Scotty G: Soberfest well attended. Unity Day Sept 13.

14 MENDOCINO *TIM D.* Started new concept share, have topic for summer assembly; elected new BTG chair and new treasurer. Attending Reg'l Forum.

15 HUMBOLDT/DEL NORTE John L: Had wonderful presentation

### **Looking for Something?**

Delegates Corner, p. 2

Area Committee Meeting Minutes, p. 3 - 5

Area Financial Reports, p. 6 - 7

Job Descriptions, p. 8

2014 Summer Assembly, p. 9

DCM Sharing Session /

Standing Committee Quarter 2 Reports, p. 10

CNCA & Assembly Calendars/Motions, p. 11

Area Officers and Meeting Info, p. 12

### **AREA COMMITTEE MEETING MINUTES (Cont.)**

on the origin of the 12 steps. Discussing our inventory. Delegate's report at next week's dist mtg. Two attending Pac Reg forum. 16 SPANISH CENTRAL (*Reynaldo M*): Thanks to visiting officer. Attended La Viña anniversary of D17. Visiting dark groups. Attending D17 anniversary. Ready for forum. July 27, Dist anniversary. 17 SPANISH SOUTH *Eric M*: Delegate gave rept. La Viña 18th anniversary. Visiting sub dists; working with San Mateo on unity in dist: liaison problems. Not sure when Conf will be. Celebrating 24 years July 6: all invited.

18 SPANISH NORTH *Hector A*: Celebrating ann. of La V on Aug 10: invitations coming. 21st anniversary of D18 coming up. Thanks to visiting officer.

19 SPANISH SOUTH SOUTH Adrian C (Fermin M) celebrating ann. July 28; visiting mtgs without GSRs; new BTG chair, giving more money to Area. Thanks to visiting officer.

20 SPANISH EAST *Martin V*: Voted to send our La V rep to Las Vegas for celebration. Attended transmitelo conf in Daly City. Visiting groups. Delegate gave conf rept. PI attended health fair.

### Area Sub-Committees:

Archives *Laura W*: Comments project going very well. Goal is to have all digitalized. Elected rep to attend national workshop and present our bid to host. Revising budget. Visiting dist unity days when requested.

Bridging the Gap *Claudia N*: 10 dists; 36 presentations, 208 requests/contact. Excited about upcoming forum and still looking for a site. BTG workshop in Kansas in Sept.

FINANCE COMMITTEE Jennifer B: Started 2015

budget process. Each of us represents a committee and is visiting to get projected budget requests. Goal is to inform the area and serve the alcoholic.

PI/C**PC** Jeff O: Discussed motion "That the Gen Ser Conf reconsider the panel 61 Public Information Advisory Action requiring General Service Board and General Service Conference approval of videos containing full faces." Overwhelmingly in favor. Had a lot of good feedback.

WEBSITE COMMITTEE *Mary Lou M*: Discussed where to place new topics on the website in anticipation that our HKMs will pass. Discussed the new translation plug-in. Finance laid out upcoming budget for us.

INTERPRETATION AND TRANSLATION Richard H:

Interpreters ready for summer assembly. Forward a copy of what you might need for your workshop. Working on translation of motions book from Eng to Span. It's in the cloud! Bring FM radios to assembly. Discussing ASL.

CNCA COMMENTS *Richard W*: Lick and stick met on June 5. 1150 assembled. Thrilled to send one to our new Pac Reg Trustee. Next mtg: July 10 at a home in Concord. Free pizza. Need info? Contact me.

COMENTARIOS DE CNCA *Ramon G*: (via mail) 190 printed,170 mailed. May and June issues available.

DCM SHARING SESSION *Barbara S*: How can we better serve our special needs members? Want people to be aware of their needs. Churches do not have to comply with Americans with Disability Act. Keep an eye out for members who do not speak. How to use information from forum next month.

LIT/GRAPEVINE *Ray W*: Discussed motion to remove "of the opposite sex" from the 12&12. No real consensus. Talked about increasing subscriptions to GV/LV; and of the celebrations.

NCCAA/H&I Diane O: Hoping for dramatic changes and promoting

unity with new chair. Next conference Oct 3-5 in Sacramento. H&I: Thank groups for generous contributions. Everyone at San Quentin/Soledad jump out ready to receive their lit. Prison issue very popular. In Oct, we will present our new pamphlet for the first time. Will be on our website. Give us feedback

**ACYPAA** *Coventina W*: Really need pre reg; see me or Adam. Anyone interested in helping with outreach I can link you to our website person. First speaker mtg tonight.

LA VIÑA ANNIVERSARY REPORT: Jose A: Raymundo will participate. Cost \$15, included a yr's subscription. Questions or concerns? We are here to help. English translation.

### HOUSEKEEPING MOTIONS:

**MOTION:** "That CNCA approve posting Area job descriptions to the website", Mary Lou M, Website chair.

Discussion: It would be permanent documentation of what goes on in the area. **Q**. When I saw and heard these I heard an estimate of time put in. Will that be part of the description and will it be accurate? **A**. It will be the job description as given to us; we don't edit. **Q**. What is the need for this? We are given this job description at the DCM sharing session. **A**. This request came from a member who felt transparency could be applied. **Q**. I object as these are not written by the area but by each area officer each panel.

Objection: Will become new business next month.

**MOTION:** "That CNCA approve the posting of the sanitized General Service Conference results to the CNCA website", Mary Lou M, Website Chair.

Discussion: Q What does sanitized mean? A Last names have been removed. Q I make a friendly amendment that it read anonymity protected instead of sanitized. A. No problem. Q. Does that mean you have to do the sanitizing? A. The documents will have to be reviewed, probably through Ray and company and we will post it. The area officers will go through and make sure it's done. Q. I feel strongly that this is not a HKM; it borders on policy and I believe that this should be a motion. Q. Hasn't this already been voted on? A. Not yet. Q. How did this come about and what is the need? A. It came about because Ray W came to me and made the suggestion. (Ray: This was discussed by the officers who agreed it should be done. We're not talking about posting the final conference report.) Q. Why do we feel that this is a service at our Area level as opposed to the GSC? Why is it our work and not New York? A. We feel there is a need to disseminate this info to the area, the DCMCs, etc. We didn't realize this would raise so many issues, so I am a voting member and object to this.

Objection: Will become new business next month...

(SEVENTH TRADITION AND BREAK 1:55-2:10)

**OLD BUSINESS: NONE** 

### **Discussion Topics**:

1. Should Area officer travel be limited to every other month, visiting even districts on even months and odd districts on odd months? This is something I've been opposed to in the past, but it sounds like one of the creative solutions given out of love that keeps the

### **AREA COMMITTEE MEETING MINUTES (Cont.)**

communication going.//I used to be a proponent until things went crazy at my dist and I was glad to have an officer there; I can't say if things will go havwire on an odd or even month. I think this is not a good idea.//I've heard a lot of objections to the idea. I think this motion is reasonable and I think it is something that was offered lovingly. I have a genuine concern. I agree it's comforting to have an officer there when things go haywire. You do what you can do. This is an opportunity for us to try something different.//I think this means the dists will be visited every other month but the officers will still be traveling every month.//In our county, we have so many past officers and delegates, and our DCMC has invited past officers to our meeting. At our H&I meeting a past officer was there to answer a question or bring information. It's such a small thing. Our officers bring us information. I see this to be a bigger problem in small communities and I think it's important to be able to request officer visits//I'm really glad this is a topic of discussion and not a motion again. I believe the area has already voted on this. I think it's good thing that officers visit every month: it's not just a financial thing: it's always worked out in the end. In our concepts it says we choose our officers carefully. How are we going to get to know our officers if we can't interact with them. I think it's beneficial to interact with all of them.//My district believes it's part of the service. For our dist it's important because it's a way to show respect. The area officer makes a difference; to continue the way it is, is important. Part of the service: the topic is interesting when the officer speaks. Our members want to hear what the officer has to say. It's good in many ways for our dist: it's important to continue as it is. If something economical is going on, this is not the solution. I believe our dists should contribute more. Maybe we can do better.//Perhaps we can clarify the topic; if officers visit on odd or even months, they still are visiting every month. I'd like to see that cleared up.//Topic is interesting because as a DCMC I have 18 yrs. It took me 4 yrs in service to understand the structure. When I have a doubt I have an area officer. I tell the members to please talk to an area officer: their presence is important every month. The districts are supporting: we have a lot of assistance from our area officers. Dist 18 is growing: the ones behind me need you as we struggle to learn//I don't know if we're talking every month or every other month. One of our major jobs is to communicate: and the best way for me is face to face and we seem to have a system that works really well. All of the past motions were defeated. I believe that there is no substitute for officers to visit and interface with people in the district. All of that can't be dealt with in an email, text, or phone call. We've got a really good thing and we're better off going with that. How are we using our resources to carry the message.//Leave it the way it is: it is the only chance a GSR gets to see an officer and to learn what GS is all about. I get feedback from the officer and some GSRs tell me they come because of the area officer. Whatever the officer says, my people take it more seriously.//It's just a discussion topic and I try not to get hung up on the wording. When I read this think it means discuss area officer visits to the dist. At our agenda planning mtg, we discuss what our officer should discuss. We always come up with lots of topics. It helps us think of things we might not otherwise have looked at. We find it extremely helpful.//This isn't about money. It's about inclusion and exclusion. All of us go on our own

time and our own time to unity days. BTG workshops, etc. I've seen a lot of excellent leaders that had other obligations, but could not commit to the three visits per month. I think we should try this to see if this works. I'd like to see more people make themselves available. All the right people get elected all the time. It's a big job and not everyone can do it.//It seems we're open ended here: I'd like to know who feels informed vs. those who feel uninformed. I'm not sure we're being efficient with our time. Please share if you feel uninformed.//I heard what someone else said. Should it become a motion and will this be set in stone? Our dist is very relaxed about that sort of thing and we don't feel left out if someone doesn't come.//There are a few things on my mind. 8 officers, divided by panel of 23 districts: each dist gets to meet the officers about 1.5 times: I think it's about the GSRs and others to get to know the officers. We are trying to train someone to be a delegate, which is a big job and who are well-informed and can truly represent us.// Sense of room taken to see if discussion should continue: large majority decided to end discussion.

2. Should we still provide the ASL interpretation for the Post- Conf Assembly on the delegate's report? Is this service really necessary or should we provide it on request only? We don't do the ASL in Spanish. Can we do that?//ASL is a language.//If you look at the first page of the ser manual and it says is there a need? For several years we have provided this service, in spite of the fact that nobody has taken advantage. We have spent money to provide a service that no one has availed themselves of this service. I know we can better use the money. If someone requests this service with some adequate lead time, then we can make the arrangements. Otherwise I think we are wasting our time. Maybe we're not spending our money wisely.//I have several friends who are impaired and they always know ahead of time and they are accustomed to letting people know ahead of time. If no one has asked for it, it is a waste of time and money//I understand that this is recorded? Can't we make a sign version after the recording if requested?//I wish to clarify that ASL is it's own language: hieroglyphics of a sort, and is the same for anyone who knows it. I think we could save time and money if we change the motion to read we will provide when requested with advance notice. I don't think there is anyone in AA who would deny providing a service to someone with special needs//I would like to see this as a guideline//What bothers me is not the request but how welcoming and inclusive we are. People may not ask because they don't want to be a burden. That's what I'm concerned about.//I've been in service and have seen participating members who needed the service, although they are no longer here. That's why it was started.

### WHAT'S ON YOUR MIND?

Meeting closed at 2:53 pm with Responsibility Declaration. Submitted with Love and Gratitude, Judy W CNCA Panel 63 Recording Secretary

### **NOTES FROM CHAIR**

Please remember to bring your FM Radios to all CNCA events for Translation & assisted listening for the hearing impaired.

### **Balance Sheet April 2014**

	May 31, 14	May 31, 13	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
B of A Checking #	11,205.84	9,326.08	1,879.76
B of A Savings #	8,705.00	9,485.16	
Total Checking/Savings	19,910.84	18,811.24	1,099.60
Other Current Assets			
Assembly Deposits	652.35	6,163.00	(5,510.65)
BTG	124.00		124.00
CNCA Comments	427.98		427.98
Total Other Current Assets	1,204.33	6,163.00	(4,958.67)
Total Current Assets	21,115.17	24,974.24	(3,859.07)
TOTAL ASSETS	21,115.17	24,974.24	(3,859.07)
LIABILITIES & EQUITY			
Equity			
3900 · Operating Funds - Adjusted	17,883.63	9,025.20	8,858.43
Prudent Reserve	8,705.00	9,485.16	
Net Income	(5,473.46)	6,463.88	(11,937.34)
Total Equity	21,115.17	24,974.24	(3,859.07)
TOTAL LIABILITIES & EQUITY	21,115.17	24,974.24	(3,859.07)

### Revised Expense Report April 2014

	Jan - May 14	Jan - May 13	\$ Change
Ordinary Income/Expense			
Income			
Assembly Contributions	4,265.80	5,372.57	(1,106.77)
Group Contributions	35,653.24	42,770.57	(7,117.33)
District Contributions	4,170.89	1,756.56	2,414.33
Tradition 7, Area Committee	1,535.94	1,354.06	181.88
H & I Archives Rent	500.00	500.00	
<b>CNCA Comments Subscriptions</b>	30.00	12.00	18.00
Personal/Misc. Contributions	125.00		125.00
Interest Income/Prudent Reserve	0.16	0.10	0.06
Total Income	46,281.03	51,765.86	(5,484.83)
Gross Profit	46,281.03	51,765.86	(5,484.83)
Expense			
Delegate Expense	3,819.50	3,016.12	803.38
Officer Expense	15,994.59	13,707.73	2,286.86
Committee Expense	9,282.71	8,797.45	485.26
General Expense	23,006.68	18,753.62	4,253.06
Total Expense	52,103.48	44,274.92	7,828.56
Net Ordinary Income	(5,822.45)	7,490.94	(13,313.39)
Other Income/Expense			
Other Income			
Refunds/Rebates	348.99	(1,027.06)	1,376.05
Total Other Income	348.99	(1,027.06)	1,376.05
Net Other Income	348.99	(1,027.06)	1,376.05

### **JOB DESCRIPTIONS (REGISTRAR AND RECORDING SECRETARY)**

### Area Registrar

The Area Registrar maintains records of the groups in CNCA, Active, Inactive, Disbanded, Vacant (those with no GSR or Additional Mail Contact) approximately 2000 groups. Along with records of Area Committee members in CNCA and sends changes to GSO. New groups are checked against present group records, to avoid duplications. Timely changes ensure that the new trusted servants (GSRs, etc.) receive their GSO mailings as soon as possible. Changes come from District Registrars and other sources. Returned CNCA Comments gives some new addresses; these are changed in the area database then sent to District Registrars and GSO. Frequent trips to a local Post Office are to be expected. Sometimes there are mass changes when a District re-subdistricts. Accuracy is important. Each month the Area Registrar supplies each district with a Sign in Sheet reflecting the current contact information contained in the area database.

Printing mailing labels for CNCA Comments is a function of the Area Registrar. Contact with the Area Newsletter editors (English and Spanish versions) helps to insure the labels arrive in time for the mailing. We use a combination of first class and bulk mail so knowledge of Bulk Mail Regulations is helpful. In addition to the DCMC and Area Officers Roster, the Registrar produces a variety of reports for the Area Committee and Districts, such as attendance at Assemblies and group records. The Registrar has to learn the software provided with the Area Registrar computer and become adept at its use within the first month of the panel.

For assemblies, the Area Registrar arrives early, with Assembly Registration sheets, and stays until the end; maintains Assembly attendance records, analyzes and reports trends. Prior to the Election Assembly, the Registrar prints a list of people eligible for Area Office, so that those present may respond to their name read aloud saying "available" or "not available" during the third legacy election of Officers.

Over the past 3 panels Area Registrars averaged 35-50 hours monthly doing Registrar duties. During the first year of the panel count on an extra eight to fifteen hours per week in January, February and March, for the area wide rotation and your learning curve. In the second year of the panel, extra time is required in the same months for the "Annual Updates" Time for District Visits varies each month, depending on distance and districts visited. Plan on 2-3 district visits per month, on the average, each Area Officer visits 2-3 districts per month and travels anywhere from about 4,000 miles to 16,000 per year doing district visits. These figures do not include the travel to the 4 Assemblies per year, nor the monthly Area Committee meeting.

The start of the panel will be the most stressful for the new Registrar. It gets easier as you become familiar with the job. I will be available to train you in your new position and there are many templates, forms and computer "Pass It On" tools stored in the Area Registrar's Laptop.

### Requirements

Transportation and insurance
Physical mailing address
Telephone
Calendar
Space for computer and files

Service Sponsor strongly suggested

If you would like a detailed 3-page job description, please contact me. Thank you for allowing me to serve. Michael Q, panel 63 California Northern Coastal Area Registrar

### Halnful

Knowledge of bulk mail regulations E-mail/ Windows Office/Access Ability to converse in Spanish Subscriptions to intergroup newsletters **Recording Secretary** 

Record minutes at every CNCA business meeting

••ACM: monthly meeting (4<sup>th</sup> Sat of month in Petaluma)

••4 assemblies per year (locations vary)

•Attend monthly officers' meeting after the ACM in Petaluma

•Record group conscience comments for delegate at pre-conference assembly: the only 2-day assembly

Maintain motions book and print copies at end of panel for incoming panel

•Print and supply committee chair/officer report forms for use by these people to present reports

•Print, distribute, and collect sign-in sheets at monthly ACM meetings

to record attendance data.
•Print and maintain supply of motions sheets

•Print assembly minutes for those who need at assembly.

Attend 1 standing committee mtg per month and report back to officers

•Attend 3-4 district meetings per month and report back to officers

·Submit minutes to COMMENTS editor for publication

•Send completed minutes to officers, committee chairs, and DCMCs

Attend Feb officer agenda topics meeting

••type summaries for assigned/selected agenda topics

Obtain quarterly reports from committee chairs

••submit reports for printing in COMMENTS

•Attend other meetings as requested

•Perform other duties as requested or needed

Time required:

Typing at meetings: 3 hrs at ACM

2 hrs at assembly business meetings

1 1/2 days typing at pre-conf assembly

Typing at home: -Several hours per month depending on your

speed, accuracy, etc

-Several more hours for assembly minutes

Travel time: Varies monthly depending on districts vis

Varies monthly depending on districts visited and whether there is an assembly or other non-monthly requirement (agenda topics, etc.). The amount of hours traveled will depend on where you live: for me, it's about 2 hrs or more to most districts, and 1 ½ hrs to

ACM; one hour to edit/collate committee chair quarterly reports, several hours to type agen-

da topic summaries.

Printing time: Varies: I try to keep enough monthly forms

on hand to avoid monthly printings and try to go to printer when assembly minutes are needed (for me this is over an hour away, so I try to multi-task and have copies made while on way to assembly or to a district meeting).

Please note that all times are guesstimates at best. Times will vary monthly and with each individual. I also voluntarily maintain the minutes of the officers' meeting: 3+ hrs and 1 hr to formalize and send out.

Submitted with Love and Gratitude, Judy W CNCA Panel 63 Recording Secretary

### **2014 SUMMER ASSEMBLY**

CALIFORNIA NORTHERN COASTAL AREA 06
OF THE GENERAL SERVICE
CONFERENCE
PRESENTS:

# THE 2014 SUMMER ASSEMBLY

SATURDAY AUGUST 09, 2014
Ulatis Community Center
1000 Ulatis Drive
Vacaville, CA 95687

Registration: 8:30 - 9:30 A.M.
Orientation: 9:30 - 10:00 A.M.
Business Meeting: 10:00 - 12:00 P.M.
12:00 - 1:00 P.M.

Workshop Session I: 1:00 – 2:15 pm

- 1. Safety and Respect in the A.A. group.
- 2. Ego and Service Commitments.
- 3. The Value and Variety of Service Sponsorship.

Workshop Session II: 2:30 - 3:45 pm

- 4. Anonymity and Social Media.
- 5. Diversity in A.A.: Our Heritage of Inclusion.
- 6. Gratitude in Action: The Joy of Service.

(Translation available at all workshops)
Report back: 4:00-4:30 pm
What's on your mind?: 4:30-5:00 pm

BRING YOUR FM RADIOS FOR SIMULTANFOUS TRANSLATION

### **DCM SHARING SESSION**

DCM SHARING SESSION June 28, 2014

Presentation this month was made by Kris W. District 7 "How can we better serve our special needs members."

Kris shared his experience with special needs members in his area. He likes to refer to it as their special gifts.

I have a man I work with that is blind. The one thing that I have learned that all persons with special gifts only want you to be aware of their needs, not to do everything for them. Be careful with wheel chair access, churches are exempt from the American Disability Act, so you might run into some problems with their facilities. Be aware when members with special gifts are around, follow them in service and see what wonderful events will happen for both of you. It is also a great way to get out of your own head when you are being of service to another member.

- \*There was a motion at area in the past for a "Special Needs Committee". The motion failed, but there are districts that have committees. Discuss this at your district.
- I my home group we have a member with some mental issues. He is now greeting people and speaking at meetings. He does not want to be treated special. He now says that since he is sober he is hearing voices at the meetings not on the ceilings.
- I work with the disable and I am grateful that I have arms and legs that work. I my county AA was not fulfilling the needs of the mentally ill members. A meeting was started for them, which helps keep them safe
- · Keep an eye out for members that cannot speak.
- I did H & I at a facility for people with special needs. I was short a speaker on day and asked someone at the last minute to join me. I stated he was once in the facility and after he got sober he no longer need this type of care.
- I know someone that cannot walk. I have experienced helping her. It is difficult for them to get around, so be aware.
- In out county we have researched wheelchair accessibility and day care. We have updated the directory to be accurate.
- We started a meeting about 20 years ago where we all learned sign language together. We still have the same interrupter as we did when we started.
- Around 3-4 years ago, I was in an accident. My home group opened there arms to me and made sure I got were I needed to be. AA helped me grow spiritually and made sure I did not isolate.
- I have a disability of dyslexia. I was in a 12 step meeting and the book came to me. I started to read work by work very slow. By AA giving me the space to read and make mistakes it helped me in my personal growth. When we talk about disability, AA has been very opened in our needs.
- We do the delegates report every year in sign language. I would like it to be signed in Spanish.
- 20 years ago there was a man who came in a wheelchair. Four of us every week lifted the chair in and out of the building.
- We have only one meeting in the county I got sober for special needs. Many people with disabilities only want the help they need not for someone to do everything for them.
- I keep hearing about mental illness/dual diagnosed. I go to a meeting for the dual diagnosed which is not an AA meeting, but they have found a place in AA. I think we need to have more available in our area.
- We need to be mindful of disabilities that are not visible. I have an anxiety issue.
   Sometimes I can't sit at the table at my home group. Sometimes I am chastised for not sitting at the table. We need to remember love and tolerance with respect to people choices.
- I am glad we are having this discussion. Just the fact that we are talking about this allows us to take this back to our districts and the GSR's for discussion.
- I our district we have a sign language meeting. This group cannot afford the interrupter so they pass a "green can" at other meetings to support paying the interrupter. This shows other groups support of a special needs meeting.
- I did a commitment at a special needs meeting where most participants were on medication that caused them not to be able to participate. They did take to the literature. I was always grateful when I left that meeting that I did not need that type of care.
- I work at a facility for dual diagnosed clients. Sometimes their reaction to things causes a lot of fear within me. I need to remember to have love and tolerance and move on.
- My first sponsor was in a wheelchair. I had to push him around all the time. I think we need to discuss this issue more. Maybe it needs to start at district and move on to the discussion at area.

Next month, "How to use the information we learn at forums. Presentation will be from Chuy – District 40,

Submitted with Love and Service Barbara S, Recording Secretary- DCM Sharing Session

### STANDING COMMITTEE REPORTS

Quarter 2, 2014

ARCHIVES: The Archives Committee has been continuing our work on several projects. Our project of reorganizing the Archives Repository has been going well. We have been able to locate items with our new system. We are continuing to work on our new displays. We have been collecting group histories. Thank you to those groups who have sent them in! We are continuing to work on putting together a bid for the National AA Archives Workshop in 2016. The committee has had displays at AA events including District Unity Days. Laura W

BTG: We have had a productive quarter with 116 presentations and 561 requests for contact. We had a Joint Communications Meeting which was well attended and showed us that what we can do together in "unity" is much more powerful and useful. BTG participated in the H &I Conference and continued our communication with other service entities. We are looking into ways in which we can bring more information forward to help with the Agenda Item "Including corrections in the BTG Pamphlet". We are in the planning process of our own local BTG Forum for October/November and are excited about that! Claudia N

FINANCE: We were sorry to lose two committee members this year and thank them for their service. We were grateful to gain a new member in May and will carry out the rest of the panel with a 4 person team. We have started our budget process, working with each of the standing and subcommittees and the area officers to prepare the CNCA 06 budget for 2015. We appreciate all the valuable feedback on the ACM discussion topic regarding excess funds and sending more to AAWS for the conference costs. We encourage everyone to keep talking about money! Jennifer B

INTERPRETATION AND TRANSLATION: Panel 63 is flying by and already getting our financial statement ready for next year's budget. Planning on asking for a little extra \$ for wireless microphones as they are starting to fail and we have no backups: we use all our microphones at the summer assembly. Discussing ASL and closed captioning: closed captioning would fill the greater need, but involves more equipment. *Richard H* 

PI/CPC: Several members attended PRAASA and we dedicated an area PI/CPC meeting to sharing our experiences at PRAASA. Discussions about Public Service Announcements and the P.I. Comprehensive Media Plan have lead to the possibility of an assembly motion that might read something like: "That the General Service Conference reconsider the Panel 61 Public Information Advisory Action requiring General Service Board and General Service Conference approval of videos containing full faces." Most members of the area PI/CPC committee attended the joint BTG/H&I/PI/CPC meeting in April. PI/CPC members continue to make presentations throughout the area. Jeff O

WEBSITE: Changed e-mail accounts to \_p63 panel format after spam problem. Deleted most of the .p63 panel formats from accounts. Welcomed Juan, who will be making Spanish translations of Web content for Committee. Began making pages of Spanish translations until the technical portion of the team gets a language plugin working on the Web site. Supported in-coming requests from the Officers and Area Committee Members. Collaborated with newsletter editors to remove e-mail addresses from online versions of the newsletters. Mary Lou M

### **CNCA CALENDAR**

2014—Panel 63 2015—Panel 65 26—Area Committee Mtg July January 24—Area Committee Mtg 7/11-7/13 Pacific Regional Forum **February** 28—Area Committee Mtg (Area 18, Idaho) March 6-8—PRAASA Area 69, Layton UT 09—Summer Assembly August 28—Area Committee Mtg Vacaville (Hosted by District 90) April 11,12-Pre Conference Assembly, 23—Area Committee Mtg 19-25 General Service Conf. NY 27—Area Committee Mtg September 25—Area Committee Mtg October 25—Area Committee Mtg May 16—Post Conference Assembly November 8<sup>th</sup> —Election Assembly 23—Area Committee Mtg San Jose (Hosted by District 40 & 04) June 27—Area Committee Mtg November 22—Area Committee Mtg July 2-5—AA International Convention December 20—Area Committee Mtg Atlanta, Georgia 25—Area Committee Mtg **August** 1 or 8—Summer Assembly 22—Area Committee Mtg September 26—Area Committee Mtg October 24—Area Committee Mtg November 7 or 14-Fall Inventory Assembly 28—Area Committee Mtg

December

### **ASSEMBLY DATES CALENDAR**

### PANEL 63 ASSEMBLY DATES

### 2014 Summer Assembly

August 9; Ulatis Community Center 1000 Ulatis Dr. Vacaville, CA Hosted by District 90

### 2014 Fall Election Assembly

Nov. 8; San Jose Scottish Rite Center 2455 Masonic Dr. San Jose, CA Hosted by District 40

If your District is considering making a bid for an assembly please contact the Assembly Coordinator Phil B by visiting the "contact us" tab on the www.cnca06.org website.

### PANEL 65 ASSEMBLY DATES

2015 Pre-conference Assembly April 11-12

2015 Post-conference Assembly May 16

2015 Summer Assembly August 1 or August 8

2015 Fall Inventory Assembly November 7 or November 14

2016 Pre-conference Assembly April 2-3 or April 9-10

2016 Post-conference Assembly May 14

2016 Summer Assembly August 6 or August 13

2016 Fall Election Assembly November 5 Underline dates preferred

If your District is considering making a bid for an assembly please contact the Assembly Coordinator Phil B by visiting the "contact us" tab on the www.cnca06.org website.

### **MOTIONS**

CNCA Motions - July 2014

19—Area Committee Mtg

### Area Committee

**Assembly Bids** Housekeeping Motion:

Guidelines

**Presentation of New Business** 

Old Business at Area Committee Meeting New Business at Area Committee Meeting

- That: CNCA approve the posting of the sanitized General Service Conference results to the CNCA website.
- That CNCA approve the posting of the Area Job Descriptions to the CNCA website

### **Discussion Topics**

1) Should we still provide the ASL interpretation for the Post Conference Assembly on the Delegates report? Is this service really necessary or should we provide it on request only?

### **Area Assembly Motions**

Presentation of New Business at Area Assembly

Old Business at Area Assembly

- "That CNCA 06 submits a request to delete "of the opposite sex" from p117 in the book "Twelve Steps and Twelve Traditions." Presented by District 04.
- "That future printings of the A.A. Service Manual includes blank Group Change and New Group forms on the last page of the Service Manual" District 06.

New Business at Area Assembly

### Panel 63 Area Officers & Area Meeting Information

Feel free to contact the Area Officers by using the "Contact us" tab on the www.cnca06.org website.

**Delegate** Padee M

Alternate Delegate

Jeff O
Chair

Raymundo L

**Treasurer** Agustin L

Registrar Michael Q

**Recording Secretary** 

Judy W

**Assembly Coordinator** 

Phill B

Literature/Grapevine Chair

Ray W

**Pacific Regional Trustee** 

Joel C

**General Service Office** 

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CNCA

PO Box 884222

San Francsco, CA. 94188-4222

www.cnca06.org

H&I

www.handinorcal.org

### **CNCA Standing Committee & Sharing Session Meetings**

are the 4th Saturday every month. Sharing Sessions -10 am Standing Committee Meetings - 11 am Area Business Meeting 12:30 - 3:30 pm

<u>Archives</u> Committee meets at 11:00 am. For information contact Laura W by visiting the "contact us" tab on the www.cnca06.org website. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA 94597-2065.

**Bridging the Gap** meets at 11:00 am. For information contact Claudia N by visiting the "contact us" tab on the www.cnca06.org website.

### Public Information/ Cooperation with the Professional Community (PICPC)

meets at 11:00 am. For information contact Jeff O by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact the Interpretation and Translation chair by visiting the "contact us" tab on the www.cnca06.org website.

<u>Web</u> Committee meets at 11:00 am. For information contact the web chair by visiting the "contact us" tab on the www.cnca06.org website.

**DCMs & DCMCs** Sharing Sessions meet at 10 am.

<u>Grapevine/La Vina/ Lit.</u> Sharing Session at 10 am. www.aagrapevine.org



### AA Grapvine / La Viña Subscription Information

# Grapevine/La Viña Subscription Form www.aagrapevine.org Please send \_\_\_\_\_ Grapevine/La Viña copies for \_\_\_\_ years Mail to\_\_\_\_ Street/PO Box \_\_\_\_ City\_\_\_ State \_\_\_\_ Zip Code\_\_ Mail this form & check or money order payable to: The Grapevine P.O. Box 16867 North Hollywood, CA 91615-6867 La Vina PO Box 15635 North Hollywood, CA 91615-5635

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### **CNCA Comments / Comentarios de ACNC Subscription Information**

### **CNCA Comments Editor**

To contact Richard W. visit the "contact us" tab on the www.cnca06.org website

### CNCA Comments Advisor

To contact RayW. visit the "contact us" tab on the www.cnca06.org website

### **CNCA Comentarios Editor**

To contact Ramon G. visit the "contact us" tab on the www.cnca06.org website

### **CNCA Comentarios Advisor**

To contact Raymundo L. visit the "contact us" tab on the www.cnca06.org website

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