Chair's Preview August 2024

We have one Assembly left in this Panel: the Fall Election Assembly. As I prepare my Job Description, I am flooded with all the things I have learned in General Service that I had never considered before, when it comes to the spiritual nature of work, and a job well done.

Am I incorporating prayer, meditation and inventory into the process?

Am I going to any lengths for the program that continues to save my life day after day?

Am I available? Do I have the time and willingness to show up to the position I am raising my hand for? Have I communicated with my loved ones and workplace to make sure everyone I affect is aware of my time commitments?

Have I read the job description of the position I am raising my hand for?

Am I practicing humility? Do I have the willingness to ask for help from those who have held the position before me? Can I learn what was done in the past before I try to do things my way?

In the position I currently hold, am I willing to share what I have learned, if asked? Have I created a pass-it-on for the next person who rotates into my position?

Has the position I currently hold changed within the last panel? Are these changes documented so that they may be continued seamlessly?

This practice of letting go and being responsible has changed my character from someone who expected everything to be done for me, to understanding that it is my responsibility to step up, ask for help, pass on what I have learned, and keep the spirit of sacrifice alive so that I do not return to my previous ways of expecting the world to hand me everything, and drinking myself into oblivion because my expectations were never met.

Thank you for teaching me how to put in effort, action, and ask for help, instead of blame, resentment, and entitlement. What a shift!

Chitra S. Chair, CNCA 06 Panel 73