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**CHAIR'S PREVIEW**

Chair's Preview  
October 2024

As we think about rotating into our next panel, our Area needs a few service positions filled. If you are a district, please think about taking on the coffee commitment at our monthly ACM, or submitting a bid to create our monthly newsletter – the CNCA Comments and Comentaríos. We also need trusted servants to submit their names to the Chair by the December ACM to be placed on one of the Area's standing committees –

Technology, Area Website, Finance, or Interpretation and Translation. There are about forty positions needing to be filled, all two-year commitments for Panel 75. Are you available?

San Francisco and San Mateo paired up and won the bid for the 2025 Post Conference Assembly. It will be held on May 17, 2025 at Saroyan Hall, 825 Brotherhood Way, San Francisco, CA (Hosted by Districts 05 & 06).

District 12 Sonoma submitted a motion for our first Assembly business meeting of the next panel:

#### PRESENTATION OF NEW BUSINESS

- To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, [aa.org](http://aa.org), and A.A. Grapevine? - Presented by District 12 Sonoma at the Area Committee Meeting 9/28/2024

Our final Assembly of the panel is almost here – see you all in Livermore on November 9th for the Fall Election Assembly!

Thank you for your service,  
Chitra S.  
Chair, CNCA 06  
Panel 73



## **DELEGATE'S CORNER**

Delegate's Corner: October 2024

Tomorrow morning, I will wake up early, hike, shower, get dressed, and drive to give my last-ever Conference Report. It is a milestone toward the end of what has been one of the most meaningful things I have ever done. This service commitment has meant sacrifices, but it has come with far more gifts. I am so grateful that you all let me do this, and everything else I have done in AA, for the past 14 years.

In a few weeks, we will be electing new Area Officers, and we have already started electing new District Chairs and District Officers. To everyone making themselves available, thank you. And to those who are being selected to serve, I hope you enjoy it.

I got involved in General Service when I had a year sober. I had already been participating actively in the group, so I was encouraged to be available for the commitment as a General Service Representative. They waived the sobriety requirement, and I went to my first District meeting, where they let me be their Recording Secretary. Taking minutes

taught me how to listen and how to understand the process. By my second year, I was also a District Committee member, involved in Archives, and a liaison to H&I. A bit too much, probably. I threw myself into this commitment, and I never looked back.

I learned how to listen, how to follow a process, how to slow down, how to be patient, and how to be OK with being wrong. Sometimes I learned that promising ideas need time to become great ideas, and other times I learned my clever ideas really were not particularly good at all.

When I became an Area Officer, I got to see what service looked like far beyond the group. I also got to see our Area from a whole new perspective, and I fell in love with so many of you and with all the diverse ways people express their love to the suffering alcoholic.

It is not just in General Service. I have seen people show love through H&I work, through work with professionals, by providing information to the public. Bridging the Gap ensures people afraid to go to their first meeting have a friendly face to accompany them. Archives ensures we remember what we have done before. NCCAA holds large roundups that inspire many. Our Spanish-speaking community is constantly seeking new ways to make inroads with that community.

At your groups, your coffee makers chat up newcomers, your speakers carry messages, your greeters, your treasurers, every single person doing one small thing that might save someone's life. I am so glad we got to do this all together.

Sometimes people think I have all the answers. And that is not true. What I do have is information, and I am glad you have let me share with all of you for so long. Next month, you will be electing the next Delegate, and I am so glad they will get to experience this all.

See you at the elections,  
Eric Lee, Panel 73 Delegate



## **BUSINESS MEETING MINUTES**

### **CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES September 28, 2024**

The monthly committee meeting of CNCA was held using a hybrid format on September 28, 2024, with some members attending virtually and others attending at the Petaluma Community Center. Chitra S. opened the meeting at 12:30 p.m. with the Serenity Prayer. Evan J. from District 03 read the AA Preamble, Blanca E. from District 17 read Tradition Nine in Spanish, and Maricruz from District 17 read Concept Nine in Spanish. We had two new GSRs and one new Alternate GSR. There were seven past Delegates present: Diane O. (P35), Bob D. (P36 Area 28), Barbara M. (P41), Jim M. (P45), Ken M. (P61), Joann L. (P67), and Teddy B.W. (P69). The August financial report and ACM minutes were accepted as published in the CNCA Comments and Comentaríos. Attendance: 86 in person; 40 online. Birthdays: 227/10.

Before opening the meeting, Miguel H. shared the Alternate Delegate job description, which will be published in the Comments and Comentaríos.

#### **OFFICER REPORTS**

**DELEGATE** – No report.

**ALTERNATE DELEGATE - MIGUEL H.:** Registration is open for the 2025 International Convention in Vancouver. Many hotels are already booked, but some will likely

become available as early registrants cancel their second rooms. You may check for availability regularly and book if rooms become available by returning to your registration record online. The link is in your registration confirmation. The Plain Language Big Book is projected to be on sale on November 1, 2024, and will cost \$11 for a soft cover and \$12 for the e-book, with an initial print run of 70,000 units. New audio interviews featuring military members in recovery from alcoholism have been posted on [aa.org](http://aa.org) and the A.A. YouTube channel. An issue with some group contributions being inadvertently labeled individual contributions has been resolved. Save the date for PRAASA 2023: March 7-9 at the Anchorage Convention Center in Anchorage, Alaska. Registration will not open until November 1; more information is at [praasa.org](http://praasa.org).

**CHAIR – CHITRA S.:** Am I available? The Area needs you. These are all two-year commitments. Before the end of the year, we would like a district to volunteer to make coffee for each ACM in the next Panel (75). You will have an excellent pass-it-on from Pedro, thank you for your service. Our Area newsletter also needs a district bid, and Chuck C. is presenting today on what the commitment looks like now. Our Area Committees are appointed by the next panel's Area Officers. If you are interested in service with Finance, Interpretation and Translation, Technology, and our Area Website, please submit your name to me or our next chair by December of this year.

**TREASURER – CLAUDIA N.:** As of today, our checking account has \$29,989.27, and our prudent reserve (savings account) is \$13,850.80, 1/12 of this year's budget, or approximately 1-month operating expenses. Our actual contributions in August were \$12,022, and our budgeted contributions were \$11,892. Actual expenses were \$11,145; the budget was \$20,170. Square contributions in August totaled \$3020 with 95 transactions. Please let your groups and districts know how grateful the Area is for their generous contributions that help us continue our 12-step work. Please remind your groups to put their group numbers on their checks. You can make contributions in multiple ways, including online at [cnca06.org/contribute/](http://cnca06.org/contribute/)

**ASSEMBLY COORDINATOR – JACKIE B.:** I've been zipping around Napa, the Bay Area, and the peninsula visiting a bunch of potential venues as districts prepare to submit bids on the remaining assemblies in 2025. The Panel 75 Assembly Coordinator will work with incoming district servants to book the 2026 and 2027 assemblies, keeping us one year ahead and offering the area the best selection of venues. In preparation for that pass-it-on, I'm diving back in to complete a comprehensive area venue database. Today, we'll hear a bid for the Post Conference Assembly using our new bid form for the very first time. We will also hear a recap of the pass-it-on report for the Summer Assembly from D17 DCMC.

**REGISTRAR—DREW B.:** This month I met with Nancy B., the Area Registrar from North Carolina to discuss the way we use technology, (namely Airtable software) for registration data. I've started to work on pass-it-ons with some of our 23 District registers and it got me thinking about my "service work/life balance." With upcoming elections, many of us

are thinking about if we are available to serve. This month work and life had me out of town 11 of the 28 days of the month, and I was able to visit 3 districts, my recovery meetings, and be here with you today. We all get to determine if we are available for this kind of service and keep a service/work/life balance. I didn't think I could do it this month, but I am pretty sure I did not have a lopsided triangle. This month's group comes to us from San Jose- District 17- Espiritu De Vida- the Spirit of Life Group.

**RECORDING SECRETARY – SARAH B.:** I've been working on creating links from the Index of Motions to the chronological list of motions for the Panel 73 Motions Book, with help from a new friend and GSR. Grey F., GSR from the Raffle Group in District 04 won the Summer Assembly minutes word count prize and donated his prize winnings to the Grapevine Carry The Message Project.

**LITERATURE/GRAPEVINE/LA VIÑA - MATT E.:** Thank you for my eight years!! But we're celebrating a much bigger anniversary this month: the Grapevine and La Viña apps are one year old. If you know someone who hasn't downloaded the app, show them how! It's the best birthday present I, and the app, could receive. Also, the new pamphlet, Black in AA: Experience, Strength, and Hope is now available! I encourage everyone to read it; the introduction contains a fascinating and eye-opening history of AA's attempt to live up to, and frankly oftentimes failing to, Bill's statement that "All people should have an equal opportunity to recover from alcoholism — that is the shining ideal."

### **DISTRICT REPORTS**

**DISTRICT 01 (MONTEREY) – ANNETTE C.:** Our VAO presented the third legacy voting procedure and the spirit of rotation. A GSR presented on the fantastically fun and fruitful AA trivia event during the Monterey Bay Area Roundup (MBAR). Shivering Dennison finger puppets were distributed, and the members wanted as many as possible. To quote our GSR, "Everybody felt so happy and alive, and an HP was present in the room. So grateful that everybody had a great time, and it was a huge success.' MBAR is AA's last party of the summer (Easy Does It). Service was everywhere and it was powerful. The Literature Chair and the Alternate DCMC gave pass-it-on presentations on their service position descriptions to help our district prepare for the November elections. Our General Service Comes Alive meeting continues to prepare GSRs and interested members for General Service. Our Big Book Launch Party event is on December 3, 2024, and the planning committee is working on a fun and engaging event.

**DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN M.:** At our August business meeting, we had a presentation from District 04 about the safety forum they are hosting in October. The presentation was followed by a robust conversation and numerous questions. Thanks to our visiting Area Officer for their insight on how General Service has affected their recovery.

**DISTRICT 03 (SANTA CRUZ) – RUSS A.:** Enthusiasm for service ahead of fall elections was generated by our VAO. It was apparent that trust in the service process and trust in a higher purpose led to unanticipated rewards. Earlier this year the District decided to meet

live post-COVID, with hybrid participation and managed by our alternate DCMC. We passed a housekeeping motion to create a separate service position beginning next panel. D03 and D19 will host, and cochairs are selected, for the 2025 Preconference Assembly next April in Santa Cruz. Expect hotel reservation information shortly and consider reserving your room early. A DCM coordinator position was created earlier this year, and our district discussed clarifying the intent of that role. There was an emphasis on discovering which groups are still viable and in which sub-district meetings reside. A list of subdistricts and meetings was forwarded to DCMs and GSRs. We had a presentation by District 06 DCMC Dan B. on an app being developed to share General Service information. It was generally agreed that this app could be of significant value to our GSRs.

**DISTRICT 04 (SANTA CLARA NORTH) – AMARA G.:** In alignment with Tradition 9, our business this month focused on the formation of two new committees. The creation of a standing Accessibility Committee was approved with substantial unanimity. A presentation of new business was made requesting that our district form autonomous PI/CPC and BTG committees apart from D40. We learned that the facilities that H&I visits are related to relationships formed through CPC. Revised guidelines were also presented. Efforts to inventory Santa Clara County's Unity Day have been unmatched by the outgoing Unity Day organizers. We still need to fill all the service positions, especially those online for the Safety in A.A. Forum next month. Please ask your district members to attend and to help! We hope to see you there! Information can be found on our website [district04cnca.org](http://district04cnca.org)

**DISTRICT 40 (SANTA CLARA SOUTH) – KAREN C.:** At our district meeting, we heard from three GSRs who responded to the district poll in August. They shared valuable feedback on what to pass on to their groups about serving as a GSR, receiving positive feedback and appreciation for their insights. We will wrap up the remaining poll results at the next meeting, covering what they learned while serving as GSRs and a roundtable on future panel priorities, including topics like safety in AA and the spirit of rotation. Our VAO gave an engaging presentation on what to expect at the election assembly. They discussed the principles of rotation and the voting process, sparking great conversation and enthusiasm about participating. Additionally, we finalized job descriptions for the upcoming district elections in October. The Finance Committee will present a proposed 2025 budget for review at next month's meeting.

**DISTRICT 05 (SAN MATEO) – BRENT M.:** After the district officer reports we heard of the cornucopia of information contained in the final report of the 74th general service conference from our VAO. They also included a brief description of how exciting hosting an area assembly can be. Before our discussion on co-hosting the 2025 Post-Conference assembly, we heard what is needed to put on an assembly from our Area Assembly Coordinator, Jackie B. The discussion that followed resulted in a unanimous decision to bid as a co-host with District 06. We had six members immediately step up to serve on the planning committee should the bid be accepted. We took an inventory regarding the



question, should the district remain online only or move to a hybrid format? The comments were almost entirely against moving to a hybrid format. Opinions were that effectively facilitating a hybrid meeting requires labor and resources that could be better used elsewhere. The vote was unanimous to keep the business meeting in an online-only format. Our ad-hoc budget committee will now be able to propose a more realistic budget for 2025. Our district will be celebrating our 61st annual Central Office (aka intergroup) party this evening and our 51st annual Alkathon in Belmont is coming up. [Alkathonsmc.org](http://Alkathonsmc.org) for more information.

**DISTRICT 06 (SAN FRANCISCO)—DAN B.:** At our district meeting, we heard a presentation from our VAO about the spirit of rotation and why we need to raise our hand to do something new. We passed a motion to form an Accessibilities Committee. Next, we'll get members, and they can elect a new Chair. Officers presented their job descriptions in preparation for our District elections beginning in October. We approved the Panel 75 Job Descriptions. Major changes include consolidating three officer positions into a new Tech Committee. We passed a motion to bid to co-host with District 05 San Mateo the Post-Conference Assembly in May 2025. We heard Presentations of New Business for the District and the Area to adopt the General Service App as a communication tool. SF Unity Day will be on 10/5. Sharing sessions will be "Service Beyond the Group" and "Group Issues" and the afternoon workshops will be "How to Run a Group Business Meeting", and "The Point Writing Workshop," and the Karaoke workshop will be facilitated by GGYPAA. We continue our GSR Outreach Campaign to recruit 20 new GSRs from meetings without GSRs by the end of the year.

**DISTRICT 07 (ALAMEDA NORTH) – MANISHA G.:** We met in August and September. We've welcomed three new GSRs. Although retention continues to be a challenge, we're seeing a gradual increase in attendance at our hybrid meetings. To inspire service leaders for the upcoming elections in October and November, we've hosted several presentations. Bob D. discussed the "Spirit of Rotation," emphasizing how it brings fresh perspectives and experiences while also reminding us of the risk of losing experienced members who don't transition into higher roles. We explored the question, "What's Next for Me?" and had inspiring stories from current district servants. Teddy B.W. highlighted the importance of being available for commitments, even when uncertain or uncomfortable. Rather than striving for perfect balance, he emphasized the goal of harmony, where priorities naturally shift. Teddy also mentioned that "service without sacrifice isn't service" and encouraged approaching service with humility and a willingness to grow. John O., as chair, presented Area Bridging the Gap (BTG)'s work. He highlighted the success of collaborations with hospitals, public defenders, and correctional facilities, and his talk inspired two members to make themselves available for the BTG chair which has not been active since the beginning of this panel. Our VAO emphasized the importance of the Area Election assembly, encouraging members to attend, since electing our trusted area servants is vital to AA's mission, clarified voting procedures, and encouraged participation from all GSRs. Planning for the November Area

Election Assembly, co-hosted with District 70, is progressing well. Finally, we co-hosted a successful Public Information Booth at Oakland Pride.

**DISTRICT 70 (ALAMEDA SOUTH) – EILEEN P.:** We participated in a Joint PI project with District 07, East Bay Intergroup, and Tri-Valley Intergroup on 9/8. Thirteen AA volunteers staffed a table at the Oakland Pride festival in uptown Oakland. The PI committee from Tri-Valley invited an experienced presenter from District 05 to do some training on presentations for high school students. The next project planned is to make packets geared to high school counselors and to set up presentations in health classes. Planning continues for the Fall Election Assembly in Livermore. Our committee chairs found it helpful to tour the facility last weekend. We have the Pre-Assembly dinner planned and are working on confirming a location in Livermore. District 70 thanks our VAO for discussing what it means to be available for service at the Area and District levels.

**DISTRICT 08 (CONTRA COSTA) – MEG B.:** We finished reading our job descriptions and are ready to begin our Panel 75 elections at our next District meeting. We'll use a vote-to-text format for the first time, with 17 positions to elect. We hope to increase the efficiency of voting and get time back next month for business discussions. Our Accessibility ad hoc is collecting feedback from our groups on their needs. A few groups mentioned hearing and mobility issues. A new motion was presented to permanently budget funds for GSR PRAASA scholarships. We seem to start every panel off racing to decide if we want to do this. We will continue the discussion after the elections. We're reviewing our budget projections for 2025. Our estimated operating expenses next year will be around \$17000, with income estimated around \$10000. This aligns with last year, except for slightly increased projections for printing costs. We certainly embrace the spiritual principle of corporate poverty, but somehow it works out. We have \$5500 over prudent reserve for this panel and expect to be in the black at the end of the panel despite budgeting for a deficit. We had visitors from District 20 ask if we would like to co-host an assembly in the next panel. Our District is all for that and hopes for more collaboration before this panel ends. Our Unity Day will be on 11/16. You're all invited.

**DISTRICT 09 (SOLANO SOUTH) –** No report.

**DISTRICT 90 (SOLANO NORTH) – STEVE L.:** Submitted electronically: Since there were no visiting Area Officers last month, we had a visiting DCM come and share information about the upcoming safety forum. At our District meeting, we have been preparing for the next panel by having officers give their experiences on their positions to help our GSRs feel well-informed about what commitments they might want to make themselves available for when elections come up. We still need to narrow down a time and date to update our district guidelines.

**DISTRICT 10 (MARIN) – RIAZ D.:** We are preparing for Unity Day, District and Area Elections, and revisiting safety in the district. Our Unity Day is happening on October 12th in Novato with a sports theme. As we prepare for elections, we are updating our position descriptions to make sure that they have the broadest appeal to get new folks to serve in

the spirit of rotation. Lastly, given our continuing emerging group conscience around our district inventory, both GSRs and District Officers have been examining the possibility of a new safety workshop. At our next officer meeting, we will be looking at position descriptions and the feasibility of another safety workshop.

**DISTRICT 11 (NAPA) – SANDY S.:** District 11, Napa, held their DBM in person/hybrid format on September 7, 2024, at the St. Helena Presbyterian Church. We are very excited to be meeting in person. The District is preparing for our November District Officer/Chair elections facilitated by a past CNCA Delegate. Our DCMs held the sub-district meeting and had an open discussion with the GSRs. We look forward to attending District 04's Forum on Safety in October. We continue discussing having PRAASA scholarships in our budget if funds are available. Our 2025 Budget is being worked on to present to the District for approval. NAPYPAA had a very successful Movie Night/speaker meeting. PICPC was present at Napa's Health & Wellness Fair for Recovery. They share local meeting schedules with COPE, Health and Human Resources, MENTIS, ALDEA, Puerto Abiertos, and Probation. The Intergroup hosted the monthly Birthday meeting. We are looking forward to attending the 80th Napa Anniversary Party on October 26th at the Crosswalk Church starting at 5:30 PM. BTG is still present at Duffy's in Calistoga and at Archway Treatment Center. You can find local information on our website, [www.aanapa.org](http://www.aanapa.org)

**DISTRICT 12 (SONOMA) – DENISE G.:** Sonoma County is preparing for Unity Day, October 19, 2024, and Alcathons. Our vacant position of District Archives Chair was filled at our September business meeting. We welcomed them with open arms, and they decided to attend the National Archives Workshop in Iowa this weekend! We helped facilitate an election for Intergroup in September and will facilitate the H&I election for a new Chair at their October meeting. We will also be facilitating elections at one of our sister districts in October. We'll have our D12 elections in November. We will give our final Officer Job descriptions at our October meeting. We will start talking about our PRAASA Scholarships and decide on how many and the dollar amount. We plan to present a motion for scholarships at our December business meeting. The scholarships will be awarded at our first meeting of the next panel, on January 6, 2025. We have requested written pass-it-on from all our officers, due before Thanksgiving.

**DISTRICT 13 (LAKE) – HECTOR M.:** We continue to discuss the topic of safety in AA. Everyone participated in the conversation including our VAO. We talked about the responsibility of a sponsor for the safety of their sponsees and the group for the safety of its members. We have a bid for a possible site to host an Area Assembly in our District in the future. We will continue to look for other venues. Our PI/CPC liaison has been busy setting up a booth at various sobriety events. are ready for our Delegate's visit and report at this year's Unity Day on Oct. 6th at the Galilee Lutheran Church 8860 Soda Bay Rd. Kelseyville, Ca. From 11 am to 4 pm. Please join us to celebrate sobriety through fellowship.

**DISTRICT 14 (MENDOCINO) – TIM D.:** We met in Mendocino this month. There was a good turnout with a few new attendees. We heard job descriptions from several officers. Reports from chairs included information about upcoming outdoor meetings inland, H&I bringing more meetings into jails, and the overall health and vitality of the Mendocino Fellowship. Amara G. Zoomed in with a presentation on the upcoming Safety in AA Workshop. The VAO shared what his service commitments did for him. Our next meeting will be on October 20th in Ukiah.

**DISTRICT 15 (HUMBOLDT/DEL NORTE) - MEGAN M.:** (Submitted electronically) My apologies for my absence at the September ACM. Many members of the District and I attended Sobriety by the Sea, an AA rally in Crescent City on September 27th - 29th. In going, we were able to distribute the GSC Annual Report plus other materials for the furthest northern corner of our Area. The Del Norte County contingency, (our sub-district 001), has gained several new enthusiastic GSRs and, with the encouragement of their new DCM, are becoming more active than before. It was a pleasure to meet many of the Del Norte County members in person, whom I have only seen online. At our District meeting, we requested our VAO to speak about the Annual Report. She did a remarkable job of making the reading of the report a fun activity!

**DISTRICT 16 (SPANISH CENTRAL) – ROSALBA P.:** I am the DCM alternate of D16. We continue with La Viña workshop on the first Friday of every month. The stories of our D16 are already being heard in this last edition of September and October, with three stories from our groups. Thank you to the VAO and also to the 9th Hispanic Women's Workshop and BTG committees. We are plan attend the unity day. We will have our Panel 75 elections in October. We are very excited to attend the Area 06 election assembly as well.

**DISTRICT 17 (SPANISH SOUTH) – LUIS R.:** Our VAO talked to us about accessibilities and answered several questions. As every month we have had study meetings with the GSRs to study the concepts and chapters of the service manual. We are visiting groups that do not have GSRs to motivate the service for panel 75 and give them a report on the conference. We are preparing to receive the companions who will visit us on October 13 at the Hispanic forum. The committee has been working hard for this event. District 17 will also host the last interdistrict meeting of this panel and it will be on November 24 at the Good Will Group. Everyone is invited. We will have our District election meeting on October 18th. IP will have an information table at a health fair on October 5 in Eastridge Mall de San Jose. ULO continues with the same activities such as Salvation Army, Casa Vida Nueva, and Pathways in San Jose, and has already brought another member to the Good Will Group.

**DISTRICT 18 (SPANISH NORTH) - RODRIGO Z.:** We have had an easy month. We have hardly had much activity. We are still in contact with the groups. We have started to distribute the final report of the conference, especially to the groups that do not have GSR. We have been motivating them to participate on our Election Day. We have made a

motion to discuss, which, if passed, would approve us that we can buy some electronic devices such as a computer, etc.

**DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F.:** This month we are grateful for the visit of our Area Officer who shared with us the recommended actions for the 2024 Conference. We also had the coordinator for the Pre-Conference assembly of District 03 Santa Cruz. We are working to elect a coordinator for District 19 to work together for the Pre-Conference assembly. We are also preparing to hold our elections next month.

**DISTRICT 20 (SPANISH EAST) – FRANCISCO Z.:** We had a visit from our area officer, with the topic “Rotation of service”. Our next district anniversary will be on November 17th. At our business meeting on 11/18/2024, we will be electing new servers. The CCP committee brought information and flyers to the health clinic in Berkeley, CA. The accessibility committee continues to conduct the AA safety workshop in the groups.

### **AREA STANDING & SUB-COMMITTEES, SHARING SESSIONS, AND LIAISON REPORTS**

**ACCESSIBILITIES – THOM H.:** D10 had a visit from D08, Contra Costa. They have finalized their Access checklist. At their Unity Day, they will introduce a Priority Seating tent sign to signify designated seating for members who have accessibility needs. This month their targeted message is “Is there designated seating in your meetings?” District 12 is researching childcare at meetings. Currently, they have two meetings that provide childcare in a separate room with its own insurance and two adult members help with the children ages six mo. to nine years. D70 has an ASL meeting in Pleasant Hill and is working on getting it in the Tri-Valley Intergroup meeting guide. East Bay Intergroup Liaison stated there is a Grapevine podcast deaf member giving a talk about the Grapevine playlist for the DHH community. D04 now has an Accessibilities Committee Chair and is looking for members to join. They will be hosting a Safety in AA meeting on October 19. We have a committee to create a checklist of items to have available to display at the Accessibilities table during CNCA06 assemblies and events. We had a lengthy discussion about how to have an online presence on the CNCA06 website that shows what we have discussed, upcoming events and best practices for our members who have access needs, and how districts can create their own accessibility committee.

**ARCHIVES – CAROL H.:** We are continuing to inventory our “to-be-sorted” boxes and digitizing archival documents. There is much to do with the many cassette tapes we have received. We are beginning to discuss plans for our December 14 open house. Please mark your calendars for this event. It promises to be entertaining and more importantly exciting. Our next two workdays are Saturday, October 5th, and Saturday, November 2 from noon to 4:00 at 193 Mayhew Way in Pleasant Hill.

**BRIDGING THE GAP – JOHN O.:** Our VAO presented on the Ninth Tradition and it became very clear that BTG is a committee that was created to be directly responsible to those we serve. We welcomed a new BTG chair Kevin G., representing District 70 Alameda South. We now have both District 07 with Tamara and 70 with Kevin developing their respective

teams. I thank Manisha for inviting me to give a presentation on BTG at the district meeting. Sascha reported on the BTGWW and Gavin will on be the agenda to report to the ACM on his experience at the workshop. The BTG Forum planning is progressing nicely. Flyers will be available soon with online registration available. An ad hoc committee reviewing our BTG literature is making great progress and including folks from the GSO Treatment/Corrections desk for input and inspiration. We will have our BTG elections on Nov. 21 on Zoom which is the third Thursday of the month. PO Box blue card activity: CNCA Area 6: 6. CNIA Area 7: 6. Arizona Area 3: 1. Mid. So-Cal. Area 9: 1. Central Cal. Area 93: 1

**CNCA COMMENTS/COMENTARIOS – CHUCK B.:** In September we mailed out 19 Spanish and 16 English newsletters, the same as last month. Also, fewer pages this month, so the printing cost \$40 less. But we spend nearly \$4 per copy to print and send it.

**FINANCE – JAVIER L.:** The Finance Committee reviewed the internal motions on today's agenda to determine the financial impact. We are continuing with the 2025 budget process to present to area officers today. Thank you to the committees for providing your budget information. We have divided up the final work for the 2025 budget and devoted most of our meeting time to the 2025 budget.

**INTERPRETATION & TRANSLATION – BEN G.:** We translated 18 documents including Comments and Comentarios for the month. We talked about area business, and we expressed our opinions. We checked availability for Love and Service Assembly on October 11 and 12. We also talked about the pass-it-ons for the next panel.

**PI/CPC – MIGUEL H.:** We meet every 4th Saturday of the month 9-10 am. Elisabeth B. presented on the topic "Harm Reduction." Harm reduction is an evidence-based approach that is critical to users of drugs and alcohol equipping them with life-saving tools. According to the Substance Abuse and Mental Health Administration, approximately 70% of adults in the United States report drinking alcohol in the past year, as do 30% of youth under the age of 21. Alcohol misuse is associated with many harms that include multiple health conditions, like high blood pressure, cancer, and other diseases; mental health disparities; violence and crime; fatal and non-fatal motor vehicle crashes; and others, even death. Napa County counts on a recovery support website to welcome AAs and Narcotics and it is an open door for a service opportunity. Our next meeting's topic on October 26 will be "Working with Health Care Professionals." [SAMHSA Pamphlet for Professionals](#).

**TECHNOLOGY – JACQUELINE P.:** Please join us on Saturday, Oct. 26 after the ACM for our Tech Committee Workshop, from 4 to 5 PM. The Hybrid Team will show and tell its best practices in creating hybrid meetings. The Hybrid Events Chair & Assembly Coordinator did a walk-through at the Mega Church where our Fall Election Assembly will be held. There is a massive soundboard and video system that the Hybrid teams hope to train on before the Assembly. The Sub-Committee has passed on the reins of the Digital

Joy text-to-vote platform to the Delegate, who is busy engaging our friends at CNIA07, California Northern Interior Area, who be part of facilitating our November Elections. The Hybrid Team seeks two online volunteers for the Nov. 2 Election Assembly. The Hybrid Team is looking for volunteers to serve as remote Zoom alternates for Assemblies and Area Committee Meetings. If you are available, please contact Don L., Hybrid Event Coordinator at the Hybrid table, at 925-354-2018 and [hybridteam@cnca06.org](mailto:hybridteam@cnca06.org). We made two clarifying changes to our recently approved guidelines we will present today. The new ManyCam subscription has been purchased and loaded on each of the Hybrid laptops in time for today's ACM. Would you find a Slack or Discord channel for discussion here at ACMs and Assemblies helpful? We'd love your insights and thoughts. [techchair@cnca06.org](mailto:techchair@cnca06.org). We welcome you to our next meeting, online, on Monday, October 14 at 7 pm.

**WEBSITE – JAMES B.:** The web committee takes care of maintaining and updating the website for the Area at [CNCA06.org](http://CNCA06.org). If you are interested in our committee, please feel free to come check us out by attending our meeting on the 3rd Thursday of the month at 5:15 pm. Our newest member Kirk is getting trained on the committee. We are converting the PDF Group History form to a web-based form, which means you will no longer need to download the PDF, fill it out, and send it to the archives committee. Instead, you can fill the form out online and click submit to get to them. The latest version of the assembly bid form is available on the site as well. We moved our domain name ([cnca06.org](http://cnca06.org)) from [Gandi.net](http://Gandi.net) to GoDaddy. We did this because Gandhi was difficult to transition billing for the account from one chair to the next and billing. We have configured and assigned accounts in Microsoft Office to the Tech Committee as well as making one an additional administrator on the account.

**DCM SHARING SESSION – MAUREEN G.:** Our District Committee Member Sharing session today had the topic of Spirit and Right of Participation/Rotation. The discussion was started by Bridget D07 Alameda North and the tone was set for applying our personal experience as it relates to the upcoming panel change. Our collective expression of availability includes temperament, career demands, family considerations, personal responsibilities, fear/reward, guidance from God, travel plans, and a sense of where we might be of maximum service (are irritants an indication?). Next Month's topic... Report back on the Safety in A.A. Forum Being held in Campbell/online on Oct. 19 from 10 am-4:30 pm.

**LINGUISTIC SHARING SESSION FOR SPANISH SPEAKERS – ERIC:** The topic was the election assembly, where we elected our trusted servants for the area. It happens every two years. The presenter also explained the third legacy procedure. Twenty-five participated, including two new GSRs and two English speakers. Next month we'll discuss the Spirit of Rotation.

**LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION – MATT E.:** We opened by hearing reports from several of our attendees. One member shared that they were

beginning a program to collect old issues of Grapevine and La Viña and donating them to their local H&I Committee, who have permission to bring them into the jails. It was emphasized that the effect these contributions have on alcoholics in jails and prisons is profound and long-lasting. If you have any extra issues of Grapevine or La Viña and would like to contribute to this project, please let me know and I will help coordinate that.

**ACYPAA – EVAN J.:** All California Young People in A.A. is an annual round-up for all YP groups in California. Next year, it's in Santa Cruz from February 6th-9th. Pre-registration is only \$30 right now, and it's likely to go up soon. Next month, ACYPAA's event is a "Rave to the Grave" on October 19th in Santa Cruz. The meeting is at 6 pm, rave at 7:30 pm, suggested donation is \$20. Digital registration and event flyers are available

**CENTRAL OFFICES – DON Z.:** From August 22nd through 25th, the Las Vegas Intergroup hosted the 2024 ICOAA Seminar, a conference of 86 of the Intergroup/Central Office Managers from all over the US and Canada. The program included discussions about maintaining websites, scheduling volunteers, literature purchasing and sales, staffing issues, handling contributions, and fundraising. We heard presentations from Grapevine, Group, and Member Services staff. Meanwhile, in our weekly Zoom meetings, Office Managers can share their experience and how they handle many of these issues. Recent topics included: How do Offices handle listings for Special Interest meetings? Choosing a platform for Hotline or Answering Service coverages? Ways to deal with difficult people, and take care of ourselves. The ICOAA has a Communication Committee that meets quarterly with GSO.

**HISPANIC WOMEN'S WORKSHOP – MARICRUZ R.:** We had an area meeting on the first Sunday of the month and gave the report and answered questions. We had an internal meeting with the committees and we brought up the topics for the working tables, as well as the topics for the speakers. The veteran speaker who will represent the area and is from the district was also chosen. We already have the Zoom link. We will also have a themed table for women who connect via Zoom, We have been visiting districts and groups to invite women from the community to the event and we have an invitation from Area 07 on October 5th. I want to communicate that some areas have not yet contributed their 7th Tradition and some did not give what was agreed, but we are working with what we have.

**LA VIÑA ANNIVERSARY – JUAN CARLOS:** I am the new link for the 29th anniversary of La Viña, and I'm from District 40. Area 05 Southern California will host the anniversary. The event will take place in July 2025 in the Los Angeles area. We attended last Saturday in Ontario California, the election and the delivery of the service to the new service table. The coordinator is Jose Luis C., and the Secretary is Ricardo C. The secretary of Area 05, Shawn A., an English speaker, was elected. As treasurer of the anniversary, the Delegate of Area 05, Douglas S., welcomed us and is very happy. He committed to supporting and encouraging the event in all of Area 05.



**FORO HISPANO - ALEX:** The Foro Hispano is on Sunday, October 13th in San Jose. We have 18 topics for the 18 tables. Some topics include Safety in AA, service sponsorship, Seventh Tradition, and La Vina. It will start at 8 am with breakfast. Everyone is invited.

## **AREA BUSINESS**

### **ASSEMBLY BID**

- Bid for Post-Conference 2025 on May 17, 2025, at Saroyan Hall (825 Brotherhood Way, San Francisco, CA 94132). Total cost: \$7,400. - Presented by Districts 05 San Mateo & 06 San Francisco

*Presentation:* We performed a site visit with the Assembly Coordinator. It's a previous assembly location and most of the boxes are checked on the assembly bid form. Our districts voted unanimously to host it. Small correction to the bid form: if yes, which hosted: the 2011 fall assembly, not 2021.

Question/Discussion: **Q:** Can you explain the staff labor fees? **A:** It's a \$500 mandatory cleaning fee from the venue, which includes the tables and chairs. We need to clean up our belongings. // **Q:** How did you get to the rental fee and early entry fees? It doesn't match the contract. **A:** We're not being charged as much as what's in the contract. The \$400 fee is a negotiated amount. They're not counting a lot of the extra hours of setup. The time we are being charged is only during the event time. // **Q:** In San Mateo County, there is a member who has a catering business that handles upwards of 1,000 people. Who will handle the food? **A:** We have a caterer who is available to do the work required already. It's an A.A. member of the district with experience in catering who isn't charging for catering and labor fees. Vote by simple majority. Assembly bid <<Approved.>>

### **PRESENTATIONS**

- Comments/Comentarios- *Presented by Chuck B, Alt. DCMC D08*

*Presentation:* Chuck has worked on the Comments/Comentarios committee hosted by District 08. At the beginning of the panel, the circulation of newsletters was much larger. The Area decided to go digital-first, greatly reducing mail distribution. As host, your district gets to serve the area - helping to get information out to our members in general service. The commitment now doesn't take that much time. CNCA reimburses the district for the cost of printing and sending it out. As the host district, you can delegate the responsibilities. If you'd like to get involved, all you need to do is submit a bid form and talk to our Area Chair. Chuck went over exactly what's involved in the commitment. Each month, you receive the reviewed and edited content for the newsletter from the area officer. You prepare the formatted booklet version and send it to the printer, which is about 35 newsletters, then stuff envelopes, label, stamp, and drop in the US Mail. You also prepare the electronic version for email distribution and give a short report at the ACM. Chuck also reviewed the bid form, which only requires that the district estimate the unit costs for printing. There are also software costs that are assumed by the area. There were no questions.

- Summer Assembly Recap - *Presented by Luis R, DCMC D17*

Presentation: I have the privilege of being the DCMC of District 17, which carried out the 2024 Summer Assembly. First, I want to thank the Area for the opportunity and trust to organize the assembly. I also thank everyone who attended in person and by Zoom, since you were the reason for this assembly. According to the registration, there was an average of 226 registered people and 148 by Zoom, which gives us a total of 374 or more. I would like to clarify that many people did not register. In the original budget, an expense of \$6,640 was considered for the event. According to the report we received, the total expense was \$6,140, which was \$500 less; this included the extras that were made with the projector, the rental of the room for a couple of hours to prepare the equipment, etc. There were some minor problems with the cafeteria due to electricity, but my colleagues solved the problem quickly. Auxiliary committees such as cleaning, the “silence” committee, breakfast, food serving, and ice cream, and even though they arrived a little late, the directions and parking committees behaved up to their pace and that is part of the success of this assembly. It was a pleasant experience to see two motions decided in the assembly that will be carried out in the next assembly. If I could suggest something for the next assembly hosts, it would be to delegate service. This removes all the pressure that is felt, but it makes sure everyone enjoys that assembly, especially the DCMC since it could be the only one that they would facilitate in their life as a DCMC.

- Revised CNCA Tech Committee Guidelines - *Presented by the CNCA Technology Committee*

Presentation: This revision includes the addition of two single words in Purpose and Scope: G.: Serve as the technical producers of CNCA06 live/online(hybrid) events (Area Committee Meetings [ACM], Area Assemblies and other Area events) as long as the Area requires and depending on the availability of manpower. I.: Serve as a resource to the Area on technology needs (replacing the word “districts”).

Question/Discussion: **Q:** Could you define what Area events mean? **A:** Events initiated and supported by the area, such as the recent PI/CPC workshop. // I think it would be helpful to define what was just said in the guidelines. // I’m not sure that kind of detail is warranted since it’s an overall guideline of the committee’s scope, purpose, and administration. // **Q:** Are we reimbursing for mileage for all these events, as well? **A:** Yes, any Area event initiated by the Area at which an in-person presence is needed would be reimbursed. // **Q:** Is that in the guidelines? **A:** It’s in the expense reimbursement guidelines. There were no objections. Guidelines << **Approved.** >>

## **PRESENTATION OF NEW BUSINESS**

- To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroup, district, area, and GSO in New York? - *Presented by District 12 Sonoma*

Presentation: Judah N., DCM from 0408 Petaluma presented. This was brought to the subdistrict by a past delegate whose name rhymes with Bo Ann Bowry. In discussing the question at the subdistrict level, it became evident that not all GSRs are aware of where to find such information. Through discussion, they agreed that it would be helpful to add

this as an inventory question. The subdistrict presented it to the district, and it was unanimously voted in favor.

**Questions:** **Q:** Would this eventually become a proposed agenda item? **A:** Yes, if it follows the process and is approved at the Area level, it could be submitted as a potential agenda topic. // **Q:** Is it only websites and newsletters, or is it other digital forms, for example, an app? **A:** It's for websites and newsletters. // **Q:** Have you considered describing it as [aa.org](http://aa.org) and AA Grapevine instead of GSO in New York? **A:** We would be open to an amendment to add the Grapevine. // **Q:** Would you consider adding "s" to reflect intergroups, districts, and areas? **A:** If that's grammatically correct, we would do that. // **Q:** Instead of what it says now, would you consider "[aa.org](http://aa.org) and A.A. Grapevine" instead of GSO in New York? **A:** Yes. // **Q:** Did your subdistrict or district consider any other avenues to achieve the same idea, other than this pamphlet? **A:** The District agreed this pamphlet would be a good avenue. // **Q:** Did you consider writing the literature standing committee and asking them to add it to an existing printed pamphlet without having to go through a new business process? **A:** No. If it gets approved and submitted by the Area, the literature committee could autonomously decide to add it. **Revised motion:** To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up-to-date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, [aa.org](http://aa.org) and A.A. Grapevine? Vote by simple majority to keep the motion at the ACM or present it at the next Assembly. << **Motion will become a presentation of new business at the Preconference Assembly on April 5, 2025.** >>

## DISCUSSION TOPICS

- Creating Area Guidelines

**Q:** Didn't we create area guidelines and approve them? // **A:** No. // All our standing committees have guidelines. // I think we need to have area guidelines to help new GSRs and others coming in. // I don't know that having guidelines is the solution. It could be a good case to create an ad hoc committee to investigate and make recommendations to consider. I don't think we're going to come to a solution at the ACMs. We have standing committees with guidelines. We have "small traditions," but we don't have overall guidelines. It is a little bit confusing; an ad hoc committee would be beneficial. // It makes sense for smaller groups that have a larger turnover to guide a new group of people coming in. For the area, there are so many people participating panel after panel that it's less necessary to have guidelines. // I have access to the A.A. Service Manual and Twelve Concepts for World Service as a resource. What problem are we trying to solve here? // In Concept Ten, it's important to have clearly defined authority. Authority is defined by guidelines, job descriptions, and customs. We primarily use customs. Is our authority well-defined to create as much harmony and effectiveness as possible? Rather than jumping to guidelines, we could create job descriptions. Our area officers write them each panel. It creates nimbleness but perhaps areas of responsibility and broad areas of authority laid down on paper may be more useful than guidelines. Do we have an issue with clearly defined authority that requires guidelines? // Maine Area didn't have any guidelines as they did in the interior area. We had problems. Districts were

scheduling events during area committee meetings. After a lot of discussion, we created guidelines. ACMs would occur at the same time every month. It gave structure to something where there was no structure. Yes, we had the Service Manual, but the Service Manual is suggestive. // I have a problem with us calling it “little t” traditions; it’s customs. It’s a little disrespectful to the Twelve Traditions to call it this. // How many people have seen a document of the customs? How do you know where to get it? Do we know what the definition of Chair’s Rules is? This might be the question we’re asking. I don’t think we need area committee guidelines; I think we’re talking about how area meetings are run. There is nothing written down that can be handed to new GSRs, DCMs, or DCMCs. // In the tech world, there is this tendency for people to come up with great ideas but don’t ask “Has anyone talked to our customers about this and if they want it?” Perhaps we could perform a survey or fact-finding mission to determine what problems might need to be solved. // The I&T committee discussed this. We talked about customs and how things are done. What if a new set of trusted servants comes in because of the elections? How do we keep things consistent? // When I was new here, every other Area had policy and procedure manuals, and I thought “We need one of those.” We have that, it’s called a Motions Book. We need the least possible organization. We want to remain fluid and not too rigid. You can learn a lot from the Motions Book. // The chair asked the body if it would like to continue discussing or form an ad hoc for the next panel. // I am in favor of an ad hoc next panel. // I think we should keep this on the agenda and discuss it more. // According to research in the Motions Book, to form the ad hoc, you need a motion. // I favor further discussion; I don’t think there’s enough clarity on what an ad hoc would be looking into. // I think we should create an ad hoc committee. // *The chair took a sense of the room and determined to continue discussing.*

- Area Officer Visits

Our GSRs love area officer visits. What is the intent of an area officer visit? Someone said in the past that they were coming as observers, and I didn’t know that. // It’s very important to have officer visits. We’re very excited to have them. When we ask them to discuss a topic, the members of the district need guidance. // They’re essential. Otherwise, you get in a situation in which trusted servants might think they’re on some elevated level. It turns them into human beings and builds unity. They’re just people doing service like the rest of us. // I love officer visits. They seem very supportive; they reach out and ask us what we need. They often come to the new GSR orientations. I have also appreciated the months they didn’t come because we would get time back on the agenda. We could catch up, or we could get another visitor to present. // I appreciate the area officer visits. My responsibility as a DCM is to go to meetings that don’t have a GSR. GSRs like it when I go with them to their meeting. It raises awareness that there are other people in some other place in service. If we don’t have the exposure, how do people know they exist? // It’s helpful for our GSRs to ask questions of the officers. // I see area officer visits as very similar to the way the Service Manual describes DCMCs. You’re supposed to visit the groups in the District you’re serving. It’s a way to keep a finger on the pulse of the area. It gives the GSRs a chance to know them because they are going to be the ones electing the next delegate. // Officer visits are important for visibility. I don’t think having them for the sake of having them is beneficial. They’re the biggest cost. I wonder if they

could be done on a request basis or in a way that's more geographically friendly (i.e., officers visiting districts closer to where they live). // As a GSR, it was sometimes painful to have a district meeting go on and on. It's nice to have officer visits, but maybe not have them on the agenda every month. When I was DCMC, I struggled to get through the agenda on time while also giving the officer time to present. Maybe Districts could put them on their agenda every other month. We should make sure the time they come is valuable. // I would like to see officer visits vary whether visits are in person or online. // I have served in another area where they never had officer visits to districts. There was a huge difference. No matter how many times you describe the officer's job, when elections come, people have no idea who they are or what they do. It's a hands-on experience when officers visit. When officers visit, GSRs remember them, even if not by name. It also helps with voting. In my previous area, people would ask me who I was voting for, and I didn't want to instruct them. // I don't know what happens after this meeting, but do the area officers go back to the group with feedback on what they see happening in districts? // No. // I had the same questions as a GSR. Who are these people that come to the districts? They seem like they know everything. We don't. We're the delegate's eyes. As we're here, potential agenda topics are cooking in every area. By attending districts, we can see that happening. Besides that, we enjoy it so much. // I love having visiting area officers. At my subdistrict, people will express what they learned from them. GSRs appreciate it. It helps us design our district meetings more efficiently. We know they're coming, we fit them in, and we keep to business. // When I was a GSR, I didn't know how much they travel, especially during assembly months. We're having this discussion in our finance committee about travel expenses. When we cut officer visits and went back to them, I missed them. I didn't realize the spiritual loss I had. I get a lot from visiting. Maybe when we're low on funds, we officers can visit the districts we belong to. // We have the choice to ask for an officer. If you don't want them, don't invite them. // *The chair took a sense of the room and determined to continue discussing.*

- Communication Platforms in General Service

This is about whether you want to have something in the background when we meet. There are some workshops where there are "channels." Channels like Glide and Discord. They're communication platforms that the tech committee could moderate while people have conversations online while we're doing our Area Committee Meeting. // I find this interesting considering that there is a proposal to ban phone use in schools. There are implications to this. It could be useful, but it runs the risk of us becoming an example of normalizing the use of technology in a group setting. // If it's something that's occurring during the meeting, it would be distracting to me. I'm trying to pay attention, listen, and be present. There's an accessibility issue with this, too. If someone isn't online and doesn't have that capability, they're missing out. // Our district has expressed an interest in discussing district matters online. We tried to initiate an online forum for discussion. It didn't work well. At the Area level, it could be useful to ask questions and get answers. I understand that it could be distracting. Area officers could respond and answer questions. // I'm sure other areas or districts have tried it, and I'd like to know how it went. I tried to introduce it in my district and no one was interested. // I'm part of a large home group that uses Slack. It's very active, lively, and useful. For example, the church closed,

and it was easily communicated to the group. At the district, we discussed using Slack and nobody wanted it. It can get confusing when there are so many places to get information and not know which ones to use. In the DCMC sharing session, we ran out of time and discussed doing a one-off meeting. If we had a Slack channel, we could do that. // If everything is a priority, nothing is a priority. Sometimes we get into flooding things and still nobody knows what's going on. If we decide to pick a lane, we must pick it. I'm all for discussions, but when you create one-off side conversations not part of the area discussion, you create echo chambers and micro-discussions. We have a meeting for order, so we can all have a discussion together. // I've been part of YP committees that used Slack and Discord. My experience is that email and websites are better. They work on a smaller scale, difficult on a large scale. It takes a lot of time to moderate to ensure safety. Things can get heated. I don't think it's effective for information sharing, and group conscience, and creates infrastructure stress.

### **WHAT'S ON YOUR MIND?**

We voted on committee chairs voting and being available as area officers at the Summer Assembly. I was concerned about what I heard in conversations in the lunch line afterward. They were very un-spiritual and personal. It made me scared and disappointed. I heard someone say something negative about people who voted against the motions. We talk about safety in A.A. and this is part of it.

*Chitra S. closed the meeting at 3:30 with the Responsibility Declaration.*

Respectfully submitted,

Sarah B.  
CNCA Recording Secretary, Panel 73

### **Alternate Delegate – Job Description**

This position has two distinct functions. You serve as the Alternate Delegate – and you concurrently serve as the PI/CPC chair for the Area. I was pleasantly surprised by the opportunities for growth – and while I thought I knew what the Delegate did, I gained a much greater appreciate watching from an up-close perspective. The PI/CPC position is an opportunity to connect with people very passionate about informing the public and professionals about AA, and it was an unexpected treat. This is a rewarding experience in which you connect with the Area – and with other Areas – while serving the fellowship.

### ***Alternate Delegate Functions***

#### **Monthly Area Committee Meeting**

- Deliver two-minute Alternate Delegate report (email to Recording Secretary and Interpreter)

- Distribute birthday envelopes, review check requests and sign checks
- Monthly officer meeting after ACM, 4pm-6pm (sometimes longer)

### **Assemblies**

- Four in CNCA each year: Email and deliver 2-minute report; help out as needed

### **Throughout the Month**

- Meet with Delegate (virtually or in-person)
- Miscellaneous correspondence and follow up
- ACM prep: Write report (email to Delegate, Chair, Recording Secretary, and Interpreter); Prepare for Officers Meeting; Pack car (including any needed printing)
- Optional: monthly North American Alternate Delegates meeting on Zoom

### **Delegate Support and Special Projects**

- Be physically and spiritually ready to step in and assume the role of Delegate if needed
- Agenda Topics: Serve as editor of the Agenda Topic summaries; Take notes at Pre-Conference Assembly to help the Delegate prepare for the Conference
- Write the Delegate's Corner for CNCA Comments the month Delegate is at Conference
- Handle Tradition 11 anonymity breaks
- Other duties as assigned: Deliver a Delegate Report if they have a schedule conflict; Attend H&I or NCCAA business meetings/conferences; Assist with correspondence or documents

### **District and Committee Visits**

- Contact DCMCs regarding upcoming District visits immediately after ACM
- Average of three per month, travel time varies (some are overnight)
- Prep time for presentations also varies, and may include translation or copies, or coordinating to bring other members to help with inventory or elections
- Contact committee chairs regarding upcoming committee visits immediately after ACM

### **Other**

- You will be invited to participate in Interdistrictals, Unity Days, and workshops
- You may choose to attend the Pacific Regional Forum, CNIA assemblies, and the national workshops (NAAAW, NAATW, BTGWW), especially if nearby or online
- Alternate Delegate is funded to PRAASA the first weekend in March

### ***Public Information/Cooperation with the Professional Community Functions***

#### **Monthly Area Committee Meeting**

- Chair PI/CPC Meeting at 9am the third Saturday of every month (on Zoom)
- Deliver 2-minute PI/CPC report at ACM (email to Recording Secretary and Interpreter)

### **Throughout the Month**

- Miscellaneous correspondence with members and GSO (volume varies each month)
- Email Minutes, Agenda, and any other documents for translation
- Assemble and email meeting packet to CNCA PI/CPC distribution list days before the ACM
- Update contact list, prep announcements/report, coordinate with presenters (as needed), print copies and pack car

### **CNCA Assemblies**

- PI/CPC display (Set up, coordinate volunteers, and be present)
- Deliver 2-minute PI/CPC report (copies to Recording Secretary and Interpreters)

### **Special Projects**

- Coordinate volunteers and display for national and statewide CPC conventions – 2 per year (average of 3 days each, often weekdays) – none this panel
- Coordinate with Districts who want to borrow the Area PI/CPC display materials (you store)
- Monitor literature levels and order literature and workbooks as needed (you store)
- Cooperate with Finance Committee to prepare PI/CPC budget
- Attend BTG Forum (once per year in CNCA)
- Coordinate with BTG, H&I and Accessibilities (as well as CNIA) to facilitate Joint Committee Meeting (goal is two per year, alternating between CNCA and CNIA, may be virtual)
- **NEW:** Attend quarterly H&I Steering committee meetings and general meetings as the liaison from PI/CPC
- Keep in contact with other CA CPC Chairs regarding statewide conventions and participate as available in National CPC Chair quarterly Zoom calls and Google Group

Items to store include: 1 large plastic crate (32x18x13), 2 smaller boxes (17x14x11), large folding displays (36x24x4), and literature

Total Time Commitment: 16-20 hours per month + ACM + District Visits + Assemblies + Special Projects (February through April are the busiest months)

*Miguel H., Panel 73 Alternate Delegate*





# FINANCE

**FINANCIAL REPORTS**

**California Northern Coastal Area**  
**Budget vs. Actuals: 2024 Budget - FY24 P&L**  
 January - August, 2024

	TOTAL	
	ACTUAL	BUDGET
Revenue		
002 Group Contributions	74,969.34	79,000.00
003 District Contributions	17,352.34	12,000.00
004 Assembly Contributions	<b>5,975.85</b>	<b>4,750.00</b>
005 Tradition 7, Area Comm.	3,145.85	2,666.64
008 Personal/Misc Contributions	2,484.62	4,466.64
010 Interest Income	2.44	3.36
<b>Total Revenue</b>	<b>\$103,930.44</b>	<b>\$102,886.64</b>
GROSS PROFIT	<b>\$103,930.44</b>	<b>\$102,886.64</b>
Expenditures		
020 EXPENSE		
021 Delegate Expense	8,333.66	6,821.47
050 Officer Expense	15,814.26	24,552.22
130 Committee Expenses	20,232.16	27,045.64
300 General Expenses	48,845.69	53,601.64
<b>Total 020 EXPENSE</b>	<b>93,225.77</b>	<b>112,020.97</b>
<b>Total Expenditures</b>	<b>\$93,225.77</b>	<b>\$112,020.97</b>
NET OPERATING REVENUE	<b>\$10,704.67</b>	<b>-\$ 9,134.33</b>
NET REVENUE	<b>\$10,704.67</b>	<b>-\$ 9,134.33</b>

# California Northern Coastal Area

## Statement of Financial Position

As of August 31, 2024

### TOTAL

### ASSETS

#### Current Assets

Bank Accounts	
Operating Funds - Checking	24,569.11
Prudent Reserve - Savings	13,850.80

<b>Total Bank Accounts</b>	<b>\$38,419.91</b>
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Other Current Assets	
Assembly Deposits	1,550.00
Undeposited Funds	1,120.12

<b>Total Other Current Assets</b>	<b>\$2,670.12</b>
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<b>Total Current Assets</b>	<b>\$41,090.03</b>
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<b>TOTAL ASSETS</b>	<b>\$41,090.03</b>
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### LIABILITIES AND EQUITY

#### Liabilities

#### **Total Liabilities**

Equity	
Operating Funds ~ Adjusted	16,534.67
Prudent Reserve ~ Savings	13,850.80
Net Revenue	10,704.56

<b>Total Equity</b>	<b>\$41,090.03</b>
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<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$41,090.03</b>
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AREA MOTIONS

### **Area Committee Motions**

- **Continue at Area Committee Meeting October 26, 2024**

### **NO CURRENT BUSINESS**

### **DISCUSSION TOPICS**

- Creating Area guidelines
- Area Officer visits
- Communication Platforms in General Service

### **Area Assembly Motions**

- **Continue at Pre-Conference Assembly on April 5th, 2025**

### **PRESENTATION OF NEW BUSINESS**

- To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, [aa.org](http://aa.org), and A.A. Grapevine? - *Presented by District 12 Sonoma at the Area Committee Meeting 9/28/2024*

CALIFORNIA NORTHERN COASTAL AREA 06  
OF ALCOHOLICS ANONYMOUS

# FALL ELECTION ASSEMBLY

**SATURDAY, NOVEMBER 9, 2024**

Cornerstone Fellowship  
348 N Canyons Pkwy, Livermore, CA  
Zoom: [632 553 607](https://zoom.us/j/632553607) | Password: 1935

Registration	8:00 – 8:45 AM
Orientation	8:45 – 9:00 AM
Area Officer Elections	9:00 AM - 12:00 PM
Lunch	12:00 - 1:00 PM
Officer Elections (continued)	1:00 - 5:30 PM
What's On Your Mind?	5:30 – 6:00 PM



*Attending online?* Spanish-English interpretation and Closed Captioning will be provided on Zoom.  
*Attending in-person?* Bring your FM RADIO for Spanish-English interpretation and Assisted Listening.



**DRIVING DIRECTIONS:** [bit.ly/fall-election-2024](https://bit.ly/fall-election-2024)

**PARKING:** 300+ parking spots on-site.

**PUBLIC TRANSPORTATION:** BART to [Dublin/Pleasanton Station](#); [Livermore Amador Valley Transit Authority](#) 30R to North Canyon Parkway and Independence Dr.



Hotels in Livermore, CA:

**Courtyard Livermore**  
2929 Constitution Dr, Livermore  
(925) 243- 1000 [marriott.com](https://marriott.com)  
Rates \$118 - \$138

**Home2 Suites By Hilton**  
2625 Constitution Dr, Livermore  
(925) 960-1242 [hilton.com](https://hilton.com)  
Rates \$127 - \$145

**Holiday Inn Express & Suites**  
3000 Constitution Dr, Livermore  
(925) 961-9600 [ihg.com](https://ihg.com)  
Rates \$142 - \$153

Alternate Lodging:

**Alameda County Fairgrounds  
RV Park**  
Road 12, 2100 Valley Ave, Pleasanton  
(925) 426-3340 [thefairparkrv.com](https://thefairparkrv.com)  
Rates: RVs \$48 - \$72

**Vacation Rentals**  
[Airbnb.com](https://airbnb.com)  
[Vrbo.com](https://vrbo.com)

# ***Save the Date***



## **Anchorage Convention Center (Egan Center)**

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The purpose of PRAASA is to develop greater unity among the members, groups, and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA. The Assembly and the PRAASA committee should always foster the Recovery, Unity and Service legacies of AA

**Hosted by Alaska Area 02**  
**additional information please contact**  
**[www.praasa.org](http://www.praasa.org)**

## **2024 CALENDAR - PANEL 73**

### CNCA 2024 Calendar

#### **October**

26 — Area Committee Mtg

#### **November**

9 — Fall Election Assembly (Livermore, CA)

23 — Area Committee Mtg

#### **December**

21 — Area Committee Mtg (Note: 3rd Sat)

## **CALENDAR - PANEL 75**

Panel 75 Calendar – CNCA 06

### PANEL YEAR ONE - 2025

**January 18:** Area Committee Meeting (ACM) – Please Note: 3rd Saturday February 22:  
Area Committee Meeting (ACM)

**March 7 - 9:** PRAASA (Pacific Region A.A. Service Assembly) March 22: Area Committee Meeting (ACM)

**April 5 & 6:** Pre-Conference Assembly

**April 26:** Area Committee Meeting (ACM)

**April 27 - May 3:** 75th General Service Conference

**May 17:** Post Conference Assembly

**May 24:** Area Committee Meeting (ACM)

**June 28:** Area Committee Meeting (ACM)

**July 3 – 6:** A.A. International Convention

**July 26:** Area Committee Meeting (ACM)

**August 2:** Summer Assembly

**August 23:** Area Committee Meeting (ACM)

**September 27:** Area Committee Meeting (ACM)

**October 25:** Area Committee Meeting (ACM)

**November 1:** Fall Inventory Assembly

**November 22:** Area Committee Meeting (ACM)

**December 20:** Area Committee Meeting (ACM) – Please Note: 3rd Saturday

### PANEL 75 ASSEMBLY DATES



2025 Pre-Conference Assembly  
April 5 & 6, 2025  
Santa Cruz Civic Auditorium  
307 Church St, Santa Cruz, CA  
Hosted by Districts 03 & 19

### **Panel 75 Calendar – CNCA 06**

2025 Post Conference Assembly  
May 17, 2025  
Saroyan Hall  
825 Brotherhood Way, San Francisco, CA Hosted by Districts 05 & 06

2025 Summer Assembly  
August 2, 2025

2025 Fall Inventory Assembly  
November 1, 2025

2026 Pre-Conference Assembly  
April 11 & 12, 2026  
2026 Post Conference Assembly  
May 16, 2026

2026 Summer Assembly  
Aug 8, 2026

2026 Fall Election Assembly  
November 7, 2026

### **COMMITTEES AND SHARING SESSIONS**

#### **CNCA 06 ACM, STANDING & SUB-COMMITTEES, and SHARING SESSIONS**

CNCA 06 ACM – Area Committee business meeting (HYBRID) - meets at 12:30pm on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 632 553 607. Contact CNCA Chair Chitra S for questions/password: [chair@cnca06.org](mailto:chair@cnca06.org)

Accessibilities committee (HYBRID) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Zoom meeting ID: 987 0872 2632. Contact Accessibilities Chair Thom H for questions/password: [accessibilitieschair@cnca06.org](mailto:accessibilitieschair@cnca06.org)

Archives committee (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Zoom meeting ID: 987 0872 2632. Contact Archives Chair Carol H for questions/password: [archiveschair@cnca06.org](mailto:archiveschair@cnca06.org)

Bridging the Gap (BTG) committee (ONLINE only) - meets at 7pm on the 4th Thursday of each month, except November it meets HYBRID at the ACM.

Zoom meeting ID: 988 7891 7593. Contact BTG Chair John O for questions/password: [btgchair@cnca06.org](mailto:btgchair@cnca06.org)

DCM sharing session (HYBRID) - meets at 11:00am on the 4th Saturday each month, except in January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Zoom meeting ID: 568 947 843. Contact CNCA Chair Chitra S for questions/password: [chair@cnca06.org](mailto:chair@cnca06.org)

DCMC sharing session - Closed Meeting - DCMCs and Alternate DCMCs only. (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Zoom meeting ID: 568 947 843. Contact CNCA Chair Chitra S for questions/password: [chair@cnca06.org](mailto:chair@cnca06.org)

Finance committee - Closed Meeting – Finance committee members only (in-person) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Contact Finance Chair David N for questions: [finance@cnca06.org](mailto:finance@cnca06.org)

Interpretation & Translation committee (ONLINE only) - meets at 7:00pm on the 4th Wednesday of each month.

Zoom meeting ID: 964 6132 5139. Contact I&T Chair Jose L for questions/password: [interpret@cnca06.org](mailto:interpret@cnca06.org)

Linguistic sharing session for Spanish Speakers (in-person) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Contact CNCA Chair Chitra S for questions: [chair@cnca06.org](mailto:chair@cnca06.org)

Literature/Grapevine/La Viña sharing session (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 987 0872 2632. Contact Literature Chair Matt E for questions/password: [literature@cnca06.org](mailto:literature@cnca06.org)

Public Information/Cooperation with the Professional Community (PI/CPC) committee (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact PI/CPC Chair Miguel H for questions/password: [alternatedelegate@cnca06.org](mailto:alternatedelegate@cnca06.org)

Technology committee (ONLINE only) - meets at 7:00pm on the 2nd Monday of each month. Zoom meeting ID: 961 5695 6661. Contact Tech Chair Jacqueline P for questions/password: [techchair@cnca06.org](mailto:techchair@cnca06.org)

Website committee (ONLINE only) - meets at 5:15pm on the 3rd Thursday of each month. Zoom Meeting ID: 843 8245 4422 Contact Web Chair James B for questions/password: [webchair@cnca06.org](mailto:webchair@cnca06.org)

## **CONTACT US**

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Chair  
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Recording Secretary

Sarah B

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Assembly Coordinator

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CNCA

1390 N. McDowell Blvd Suite G – 339

Petaluma, CA 94954

[www.cnca06.org](http://www.cnca06.org)

NorCal H&I Committee

PO Box 192490

San Francisco, CA 94119-2490

[www.handinorcal.org](http://www.handinorcal.org)

Contributions to General Service Board:

General Service Office

PO Box 2407 James A Farley Station

New York, NY 10116-2407

All other Correspondence:

General Service Office

PO Box 459 Grand Central Station

New York, NY 10163

212-870-3400

[www.aa.org](http://www.aa.org)

