

Delegate's Corner
January 2025

Welcome to Panel 75!

I am always in fear. The more present and conscious I become, the more I notice how I am always trying to take back control, place the pieces how I would prefer, edge God out, thinking I'm fine, I got this. The longer I stay in the program, the more I recognize how much I need all of you – for my sanity, to practice love, to realign with principles, to have a reason to want to stay alive. General Service has been life saving for me because by practicing the spirit of rotation, I am so busy being in fear and walking through it, keeping a beginner's mind and remaining teachable, that I almost forget to try to rearrange everyone else's lives instead of just focusing on my own. Almost. For those of you new to General Service, welcome to this magical ride. We get to practice working with each other, communication, tolerance, and patience. Love is an action and it is created by practicing these principles. Together we get to make sure that AA is here for the next generation, thriving and relevant so that it can save lives in the future, the same way that it saved all of ours. Here we learn the solution comes from us. I am excited to practice with all of you.

At the General Service Conference I will be serving on the Public Information Committee, focusing on the communication methods we use to reach the general public and those who may be struggling with alcohol problems. This year, the General Service Conference will be taking its own inventory, a spiritual practice we in General service have learned to participate in at the personal, group, district, and Area level. For the General Service Conference Inventory, the Twelve Concepts for World Service will provide the lens through which to evaluate current Conference practices and procedures to determine how they relate to the original plan, purpose, and structure of the General Service Conference. Please reach out to me if you would like a copy of the 2013-2015 AA General Service Conference Inventory Compendium.

Thank you especially to all the GSRs, committees, and officers – together we provide the boots on the ground service of collecting our Area's

Conscience on how to keep AA relevant. This is going to be an amazing panel.

Chitra S.

Delegate, Panel 75

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